

Fairfax Station ❖ Laurel Hill  
**CONNECTION**  
 Clifton ❖ Lorton ❖ Lorton Valley ❖ Crosspointe

From left, Camela, Wes, Keighan and Slayton Speer hold the groundbreaking shovel for their new, energy-efficient home.

SPORTS, PAGE 8 ❖ CALENDAR, PAGE 10 ❖ CLASSIFIED, PAGE 12

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

PHOTO BY BONNIE HOBBS/THE CONNECTION



# Building Green

NEWS, PAGE 3

## Area Man Joins MS Board

NEWS, PAGE 4

## Bruins Cover The Spread

SPORTS, PAGE 8

ATTENTION POSTMASTER:  
 TIME SENSITIVE MATERIAL.  
 REQUESTED IN HOME 8-28-09

PRSRT STD  
 U.S. POSTAGE  
 PAID  
 EASTON, MD  
 PERMIT #322

# "Don't miss The 2009 Honda Clearance

It's the only time you can get a Honda

**FINAL DAYS!**



GOING ON NOW AT  
**ROSENTHAL**

**FAIRFAX**

**HONDA**

'09 **CIVIC** AT VP  
**\$179** or **2.9%** 25|36  
a month **MPG**



**"Lowest Cost of Ownership!"** -Edmunds.com  
Solid Safety and Economy!

Model#FA1639EW 2009 Civic VP AT Sedan for 36 months WAC. \$1,699 total due at lease signing. (Incls. first mo. pymt., sec. dep., AHFC upfront acq. fee and cap. cost reduction). Plus tax, title and processing fee of \$385. Offer good through 09/08/09. Special 2.9% APR financing available for 24-36 months WAC on eligible 2009 models. Special financing may affect final price. Plus tax, title and processing fee of \$385. Offer good through 09/08/2009. See dealer for complete details.

'09 **ACCORD** AT LX  
**\$199** or **2.9%** 21|30  
a month **MPG**



**One of Car And Driver's "Ten Best!"** Again!  
For The 23rd Year!

Model#CP2639EW 2009 Accord 4cyl LX AT Sedan for 36 months WAC. \$2,199 total due at lease signing. (Incls. first mo. pymt., sec. dep., AHFC upfront acq. fee and cap. cost reduction). Plus tax, title and processing fee of \$385. Offer good through 09/08/09. Special 2.9% APR financing available for 24-36 months WAC on eligible 2009 models. Special financing may affect final price. Plus tax, title and processing fee of \$385. Offer good through 09/08/2009. See dealer for complete details.

Kelley Blue Book honored Honda with 2009 Resale Value Award in Brand category. Edmunds.com recognized Honda Civic Coupe, Civic Sedan, CR-V and Odyssey as having the lowest cost of ownership in their respective categories. Car and Driver, 2009. Based on 2009 EPA mileage estimates, reflecting new EPA fuel economy methods beginning with 2009 models. Use for comparison purposes only. Do not compare to models before 2009. Your actual mileage will vary depending on how you drive and maintain your vehicle.

**Hondas Hold Their Value Better Than Any Other Car On The Road; And That Keeps Your Payments Low!**

**ROSENTHAL**  
**FAIRFAX**  
**HONDA**

[www.fairfaxhonda.com](http://www.fairfaxhonda.com)  
**800.458.5042**

**11020 Main St.**  
**Fairfax, VA**



PHOTOS BY BONNIE HOBBS/THE CONNECTION

**Keighan Speer digs a ceremonial shovel of dirt while her parents, Wes and Camela Speer, and brother Slayton, look on.**

## A Future Home, Now

### Lorton couple building solar, geothermal home.

BY BONNIE HOBBS  
THE CONNECTION

**C**amela and Wes Speer's new house in Lorton will be environmentally friendly, energy efficient and unlike anything else around. It will also be one of the most carbon-neutral homes in Virginia.

But they won't have to move far from their current home, just next door on land they already owned on the corner of Hooes and Ox roads.

"Our house was built in 1939 and needed either renovations or additions, so we decided to build a new one, the way we wanted it," said Camela Speer. "We also felt strongly about doing something for the environment." So with the help of an architect, they designed a solar, geothermal home.

"We wanted to show people you don't have to be a millionaire to build environmentally correctly," said Camela Speer, the spokesman for the Workhouse Art Center in Lorton. Her husband is a Food and Nutrition Services coordinator for Fairfax County Public Schools. Married 17 years, they have two children, son Slayton, 12, and daughter Keighan, 10.

"We're average people," she said. "Builders should already be incorporating systems like ours into their construction. If everyone does their part, we can save the planet."

For the Speers, however, first came five years of design work and a long journey through the county

permit process. But groundbreaking was Tuesday, Aug. 18, and site work began the next day.

"We're very excited," said Camela Speer. "It's been a long time coming." The Speers expect the house to cost about \$600,000 to build, with all its special features making its actual value around \$900,000.

"There'll be a geothermal, ground loop of pipes that runs from the ground through the house, heating and cooling as it goes," said Camela Speer. "The first floor is radiant, in-floor heat; the water running beneath the floors in tubing heats the house. The ground temperature heats and cools the water, too. There's no gas or oil hookup, so there's no carbon footprint."

Solar panels on the roof will have maximum southern exposure during the day to receive the most sunlight. Extended rooflines on that side will shade the house during the heat of the day, allowing in the sun when it's lower in the sky. The basement will also be in-

sulated.

"Geothermal is a little more expensive than a new HVAC [heating and air conditioning] system, but we'll recoup it with lower electric bills," said Camela Speer. "We'll give back energy during the day and will use energy at night. But we should break even and may even receive a check from the energy company, at the end of the year, for unused energy."

The National Association of Homebuilders has different levels of energy-rating and renewable-resources certifications, and this home has received an emerald rating, which is the top certification.

"It'll be a model of resource-efficiency, indoor-air

SEE REAL. PAGE 14

## Young Builders See the Future

### South County students to study energy-efficient home.

**A**s Wes and Camela Speer's green and nearly carbon-neutral home is being built in Lorton, engineering students from South County High will be on site, using it as a case study and a learning tool.

Chatting with builder Arjay West at last week's groundbreaking ceremony, teacher Jim Jo said he'd bring his students there on field trips. When he does so, West will make sure the site is safe and will have the applicable subcontractors on hand to explain what they're doing.

"There'll be civil and structural engineers and architects," said West. "There's an array of things we can show your students."

Delighted, Jo called it a great opportunity for his 20-25 pre-engineering students and 20-plus architecture students.

"They'll apply their classroom knowledge and skills to a real-world application of engineering, energy efficiency and technology," he said.

"I'll have the class compute how much energy will be saved by the solar panels and how many panels it would take to provide

certain percentages of the home's energy consumption," said Jo. West said the students could do the same for the radiant flooring, too.

Jo also plans to have his students, as a group, design their own house using the concepts employed in the Speers' home. "I'm teaching them why specific rooms in the house are where they are and why the electric plugs and the windows are in certain places," he said. "They can estimate the construction cost and how much power is produced by the home's 20 solar panels. And they'll plot the energy consumption by the kitchen [appliances], the washer and dryer, lighting, heating and cooling."

Then, said Jo, the students will study how this house protects the environment. "They'll figure out how much

**"I'll have the class compute how much energy will be saved by the solar panels."**

— Jim Jo

SEE HOME. PAGE 14



**South County Secondary School engineering and architecture teacher Jim Jo, left, listens as Wes Speer explains the home's details.**

# Fairfax Station Man Faces New Task

## Clark elected to board of National Multiple Sclerosis Society's capital-area chapter.

BY JUSTIN FANIZZI  
THE CONNECTION

**T**he National Capital Chapter of the National Multiple Sclerosis Society has a new face to advance its cause, and the organization did not have to look far to find it.

Keith Clark, a Fairfax Station resident and former member of several charitable organizations, was elected the chapter's Board of Trustees last week after serving the society for several years.

"I'm excited to welcome Keith Clark to the National Capital Chapter's Board of Trustees," said Chapter President J. Christopher Broullire. "Keith has a long history of service in his community, and his commitment is helping us move closer to a world free of MS."

Clark began his commitment to service

at an early age, as he was born into a wealthy family and quickly realized that he was lucky enough to have whatever he wanted, while others struggled to get what they needed. So, after college, Clark joined Big Brothers and Big Sisters, where he was a mentor and surrogate brother to a younger male. Eventually, the bond between Clark and his "little brother" became so strong that he adopted the young man.

**"Keith has a long history of service in his community."**

— Chapter President  
J. Christopher Broullire

"I was raised in a very wealthy environment where we had everything we wanted," Clark said. "So, I pretty much decided that when I got out of college, I would

try and do my part, to put it simply."

Clark soon expanded his charity work outside of Big Brothers and Big Sisters and joined the Lions Club in Southwest Washington, D.C., where he spent his days approaching local merchants asking them to donate money to a variety of causes that

all benefited the less fortunate. In addition, Clark participated in several of the Lions Club's events, such as a trip where he took a group on underprivileged teens to the beach.

"It was such an eye-opening experience to see these kids go bananas just crossing the Chesapeake Bay," Clark said. "They had never seen such a large body of water, even though they were in their teens."

After his service to the Lions Club, Clark was recruited by the Salvation Army to join its board of directors. Clark spent eight years there, with the last three as chairman. However, after receiving the news three years ago that his oldest daughter was diagnosed with Multiple Sclerosis shortly after her college graduation, Clark jumped headfirst into the MS Society.

Initially, Clark and his family participated in the annual MS Walk and attended several other fund raisers, he but had no aspirations of joining the society's leadership. However, according to Clark, after an event,



Keith Clark

DONATED PHOTO

Clark told the society that if they needed any more help, to let him know. Shortly thereafter, Clark received a phone call from the society asking him to join its Board of Trustees. Since he had just fulfilled his duties as chairman of the board of directors of the Salvation Army, he quickly accepted.

"I appreciated the fact that they thought that I could be of help," Clark said. "It gives me the opportunity to do something of substance to help my daughter."

Moving forward, Clark's goal is simple: to increase the organization's visibility. Clark said that the MS Society has a greater footprint in the Washington, D.C. area and in Montgomery County, Md. than in Northern Virginia. So, he has set as his main goal to raise awareness in this area of the society and its mission. Clark also said he intends to utilize his business acquaintances to help raise money and hopes to create new, fresh events to stimulate interest.

## Hot Rod Heaven Clifton Car Show takes place Labor Day, Sept. 7.

BY BONNIE HOBBS  
THE CONNECTION

**F**eaturing street rods, custom and antique cars, muscle and classic cars, and motorcycles, the 10th Annual Labor Day Car Show will be Monday, Sept. 7, from 9 a.m.-3 p.m., in Clifton. Sponsored by the Clifton Lions Club and the Custom Cruisers of Northern Virginia, it will go on, rain or shine.

The show attracts people from all over the Washington Metropolitan area. All shiny paint and gleaming chrome, a wide array of vehicles will be parked up and down Main Street, with hoods up and engines open for inspection. Attendees may peruse them at their leisure, while chatting with their owners and listening to 1950s and '60s music played by a deejay.

People will be able to get an up-close look at vehicles such as a 1908 Buick, 1929 Model-A postal truck, 1950s hot rods, custom-built motorcycles and classic antique cars like a 1957 Chevrolet in mint condition.

"We'll have some of the best vehicles that day within 150 miles," said event organizer Jim Chesley. "It's nostalgia — people like to see those cars they used to have or wanted to have. And this is just

a neat setting. People like that old, small-town feeling, and the cars fit right in."

Each year, the proceeds go to charity, and the recipients this time are Life with Cancer and the Northern Virginia Therapeutic Riding Program. Chesley hopes to raise lots of money for them.

"This year, times are tough and I'm getting less donations," he said. "But I don't know anybody who hasn't been touched — either directly or through family members — by cancer. That's why it's important to support Life with Cancer, which supports families of cancer patients and helps them cope. And at the Therapeutic Riding Program, kids who have either emotional or physical disabilities can get up on a horse and become whole. While they're on horseback, they're in control."

Also part of the car-show festivities is the Richard King Memorial Chili Cook Off, from 2-6 p.m., in the field by the barn at 7139 Main St. In addition, live bands — Smallwood and Friends, Slider and The Lost Highway Band — will perform there from 12-5 p.m.

"There'll be plenty of food that day," said Chesley. "The Lions Club cooks hamburgers and hot dogs, and all proceeds go to the two charities." Peterson's Ice Cream Depot and The Clifton Store will also be open for business. Commemorative, car-show T-

### More

For more information about the show or becoming a sponsor, contact event organizer Jim Chesley at 703-830-2129 or [jchesley@aol.com](mailto:jchesley@aol.com). Besides the Custom Cruisers and the Lions Club, other sponsors are the Clifton Betterment Association and The Northern Virginia Chili Pod. To learn more about this year's charitable recipients, see [www.lifewithcancer.org](http://www.lifewithcancer.org) and [www.NVTRP.org](http://www.NVTRP.org).

shirts will be sold, plus car-related items including sponsor-personalized fender covers.

At noon will be the raising of the flag by the Fairfax County Police Honor Guard and the singing of the national anthem. Sometime during the show, if possible, will be a flyover by the police helicopter. Checks will be presented to the charities at 2:15 p.m., and trophies awarded, at 2:30 p.m.

"This year, we have about 35 trophies — and 30 will be People's Choice awards, voted on by the participants," said Chesley. "The other five will be picked by the Lions Club and the Custom Cruisers."

Another change is in store this year. "In the past, we had just one Best of Show out of the 30, participant-picked trophies," he said. "But because there are so many good

vehicles, we decided this time to have five Best of Shows."

Some 2,500 people attended the 2008 car show. Admission is free to spectators (a nominal parking fee will go toward rebuilding the flood-damaged, Masonic Lodge in Clifton). For participants, vehicle registration that day starts at 7 a.m. and costs \$15. They may also enter at [www.customcruisersnova.com](http://www.customcruisersnova.com).

"Cars, trucks, motorcycles — anything on wheels, to make money for charity — is welcome," said Chesley. "We had close to 400 show vehicles last year."

But the participants' entry fees go toward the \$4,000 cost of putting on the show. "We only make money from donations," said Chesley. The car show began in 2000 and, that year, the total profit was less than \$100. But in 2008, it made \$30,000, with most of the money going to Life With Cancer.

Over the last several years, this show has also supported Old Dominion Eye Bank, Children's National Medical Center, the Fairfax County Police Family Trust Fund — for slain officers Vicky Armel and Mike Garbarino — and Hurricane Katrina victims. Since that first show, 10 years ago, the car show has raised more than \$128,000 for these and other local charities.

Donations may be sent via checks payable to the Clifton Lions Club, c/o Jim Chesley, 7207 Main St., Clifton, VA 20124-0225.

# OPINION

## People Need Food

Food pantries can't keep up with surging demand for food; donate now.

**"R**ight now, things are so very bleak."

That's how the coordinator of one local food bank described the situation, with demand for food up more than 50 percent from last year, and donations right now dwindling.

Schools and churches often provide the pipeline for food donations to pantries, food banks, but that pipeline runs dry in the summer.

Your family can help right now by donating food or money to your local food pantry. Plan to give again in early fall, and again at Thanksgiving and Christmas. You can organize a food drive at your place of work, or in your neighborhood.

The ongoing recession and loss of jobs are driving the surge in families showing up at food banks. There are more unemployed people in Northern Virginia than in any other part of the state, with more than 80,000 unemployed here according to the Virginia Employment Commission. While the employment rate is lower here as a percentage of the population, this area still has the largest number of people unemployed.

People have lost their jobs, are unable to find

### In Demand

- ❖ Canned proteins (tuna, salmon, chicken, peanut butter)
- ❖ Canned fruits in own juices or light syrup (pineapples, peaches, and pears)
- ❖ 100 percent fruit juices (all sizes including juice boxes)
- ❖ Pasta, whole wheat pasta, rice, brown rice, macaroni and cheese
- ❖ Condiments (tomato based sauces, light soy sauce, ketchup, mustard, light salad dressings)
- ❖ Low sodium/no salt added canned vegetables (mixed, green beans, corn)
- ❖ Soups, beef stew, chili, chicken noodle soup, turkey and rice soup
- ❖ Multigrain cereal (Cheerios, CornFlakes, Grapenuts, Raisin Bran)
- ❖ Hygiene products: diapers, deodorant for men and women, feminine products, toilet paper, tissues, soap, toothpaste, shampoo

### Reform Not Needed

To the Editor

It's refreshing to see a politician such as Del. Dave Albo (R-42) so freely admit that he is influenced by donor contributions as Albo does in discussing the contributions the Medical Society of Virginia makes to his campaign because he supports, as he puts it, "reducing the compensation people receive as a result of winning medical malpractice lawsuits ["Money, Money," Connection, Aug. 13-19, 2009]. At last you know where he stands and why.

LETTERS

While his law firm actively advertises to represent patients in medical malpractice lawsuits against the very doctors he is accepting contributions from [http://oblonpi.poweradvocates.com/medical\_malpractice.html], I doubt he's ever spent a minute explaining to a dying malpractice victim or her young children that:

❖ Virginia already has some of the most conservative "tort reform" laws in the country for medical malpractice;

❖ Virginia's strict limits on malpractice recovery virtually guarantee bankruptcy for the most seriously injured because Virginia's tough malpractice laws may not even cover the medical bills ex-

pected because of a doctor's carelessness;

❖ In Virginia, doctors win the vast majority of malpractice cases that go to trial;

❖ There is a vigorous and competitive market in Virginia for malpractice insurance

Virginia does not need malpractice reform and "reducing the compensation" Albo's constituents — and his firm's own malpractice clients — receive in malpractice cases only makes the most seriously injured victims of malpractice the unwilling sacrificial lambs for the Virginia Medical Society.

**Benjamin Glass**  
Fairfax Station

### Where To Donate

**Our Daily Bread**  
10777 Main St., #320  
Fairfax, VA 22030  
703-273-8829  
http://www.our-daily-bread.org

**Fairfax Area Christian Emergency & Transitional Services, Inc. (FACETS)**  
10565 Fairfax Blvd. Suite 10  
Fairfax, VA 22030  
703-352-5090  
www.facetscares.org  
Drop off donations between 9 a.m. and 4 p.m. only.

**Lorton Community Action Center**  
P.O. Box 150  
Lorton, VA 22199  
703-339-5161  
www.lortonaction.org.

**Fairfax For Immediate Sympathetic Help, Inc.**  
(Fairfax FISH)  
P.O. Box 2254  
Fairfax, VA 22031  
703-978-0280  
fairfaxfish@yahoo.com

**National Capital Food Bank**  
6833 Hill Park Drive, Lorton  
serving all of Northern Virginia  
703-541-3063  
Food donations accepted Monday-Friday, 8:30 a.m. to 4 p.m. Fully equipped with refrigeration and freezers, so they can accept the usual non-perishable food items, plus produce, any kind of meat or dairy products and frozen food.  
www.capitalareafoodbank.org

**Reston Interfaith**  
11150 Sunset Hills Road, Suite 210, Reston  
Serving Reston and Herndon  
571-323-9555  
www.restoninterfaith.org

**SHARE of McLean Food Pantry**  
Located in the McLean Baptist Church  
703-284-2179  
www.SHAREofMcLean.org  
P.O. Box 210  
McLean, VA 22101

**Food for Others**  
2938 Prosperity Ave., Fairfax, 22031  
703-207-9173

**Loudoun Interfaith Relief Inc.**  
750 Miller Drive, Suite A-1, Leesburg,  
703-777-5911  
Monday-Friday, 9:30 a.m.-4 p.m.; Saturday, 9:30 a.m.-1 p.m.  
www.interfaithrelief.org  
In demand: Cereal, spaghetti sauce with meat, 18 ounce jars of peanut butter, soups, canned meat or fish, 100 percent juices, stews, canned fruit and vegetables.

**United Community Ministries**  
Mount Vernon  
7511 Fordson Road, Alexandria  
(703) 768-7106  
UCM's Food Pantry is open weekdays 9 a.m.-5:30 p.m., and 11 a.m.-2 p.m. the first Sunday of each month (except January, July and September, open on second Sunday). Enter through gates on right side of building, drive around to opposite side of building and ring bell at green door.

new ones. In some cases people who own homes are stuck, unable to sell their houses because the homes are worth less than they paid for them, and are facing foreclosure as well.

These families have used up their safety net, spent their savings. They find themselves without being able to put food on the table, and they turn to local food banks, food pantries, churches and other charitable organizations for their most basic needs.

"The people coming in the door are people who have lost all their savings. The lack of jobs

is the predominant theme we're hearing," said Bonnie Inman of Loudoun Interfaith.

The McLean SHARE Food Pantry, located in the McLean Baptist Church, is running low on food and other basic provisions. At this time of the year and because of the economy, food and other donations have fallen off significantly but the need for food and other necessities is growing, the organization says.

The message is the same around the area.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

### Write

The Connection welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-778-9416.  
By e-mail:  
south@connectionnewspapers.com

## THE CONNECTION

www.ConnectionNewspapers.com

Newspaper of Fairfax Station, Laurel Hill & Clifton  
An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street  
Alexandria, Virginia 22314

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
Call: 703-778-9410  
e-mail:  
burke@connectionnewspapers.com

**Michael O'Connell**  
Editor / 703-778-9416

**Bonnie Hobbs**  
Community Reporter  
703-778-9438  
south@connectionnewspapers.com

**Julia O'Donoghue**  
Education & Politics  
703-778-9436  
jodonoghue@connectionnewspapers.com

**Ken Moore**  
Courts & Projects  
kmoore@connectionnewspapers.com

**Reed Albers**  
Sports Editor  
703-224-3014  
ralbers@connectionnewspapers.com

**ADVERTISING:**  
To place an advertisement, call the ad department between 9 a.m. and 5 p.m., Monday - Friday.

**Display ads 703-778-9410**  
**Classified ads 703-778-9411**  
**Employment ads 703-778-9413**

**Steve Hogan**  
Display Advertising  
703-778-9418

**Ginger Krup**  
Display Advertising, 703-778-9447  
gkrup@connectionnewspapers.com

**Andrea Smith**  
Classified Advertising, 703-778-9411  
classified@connectionnewspapers.com

**Barbara Parkinson**  
Employment Advertising  
703-778-9413  
classified@connectionnewspapers.com

**Editor & Publisher**  
Mary Kimm  
703-778-9433  
mkimm@connectionnewspapers.com

**Editor in Chief**  
Steven Mauren  
**Managing Editors**  
Steve Hibbard, Michael O'Connell,  
Kemal Kurspahic

**Photography:**  
Robbie Hammer, Louise Krafft,  
Craig Sterbutzel

**Art/Design:**  
Geovani Flores, Laurence Foong,  
John Heinly, Wayne Shipp,  
John Smith

**Production Manager:**  
Jean Card

**CIRCULATION: 703-778-9427**  
**Circulation Manager:**  
Ann Oliver

**CONNECTION NEWSPAPERS, L.L.C.**  
**Peter Labovitz**  
President/CEO

**Mary Kimm**  
Publisher/Chief Operating Officer  
703-778-9433  
mkimm@connectionnewspapers.com

**Jerry Vernon**  
Executive Vice President  
jvernon@connectionnewspapers.com

**Wesley DeBrosse**  
Controller

**Debbie Funk**  
National Sales  
703-778-9444  
debfunk@connectionnewspapers.com

PEOPLE

# Taking On Goshen Scout Reservation

## Clifton scouts named 'Troop of the Week' at camp.

**M**ore than 27 scouts and five adult leaders from Boy Scout Troop 1104 in Clifton headed off to Camp Bowman at Goshen Scout Reservation in Goshen, Va. to enjoy a week full of activities. The trip to Goshen has been an annual event for the troop for many years.

Troop 1104 scouts worked on 129 Merit Badges, built personal Wilderness Survival and First Aid Kits, took Nature hikes, water skied, canoed, sailed on a 16-foot Hobiecat, shot .22 rifles and archery, cooked trout they caught, prepared their own meals, learned how to use, sharpen and care for pocket knives, axes and bow saws.

Eleven Scouts participated in a Wilderness Survival ordeal and then shipped off for a Pirates Breakfast.

They completed motorboat training and got to operate johnboats with 5 hp motors on the 450 acre Lake Merriweather. The Camp Bowman staff taught them leatherwork, nature, fishing, basketry,



PHOTO BY DARECE RAU

**Scout and adult leaders gather at 6:30 a.m. as they prepare to head to Goshen Scout Reservation in Goshen, Va.**

orienteeing, outdoor survival skills, astronomy, communications, environmental science, rowing, soil and water conservation, weather, lifesaving and swimming. They had evening campfires with fun snacks, skits and stories. The scouts even

cleaned the latrines daily.

**THE BOYS** won the "Oar" on Monday as the best Troop in camp. They attended a flag ceremony every evening and were treated to reveille on the bugle by Troop

Bugler Matt Dulan every day at 6:30 a.m. Dulan was the only bugler in Camp.° The Troop designed and built an Axe Yard as their camp improvement project to Camp Bowman.

Through the hard work of all the leaders at camp, behind the scenes at home and the scouts, the Troop was honored by the Camp Bowman Staff as "Troop of the Week."

This is a great honor for Troop 1104 and the ninth year in a row that Troop 1104 has won this award. Troop 1104 was also the only Troop in Camp to be awarded the Camp Adventure Award for participating in the most camp organized events.

Boy Scout Troop 1104 is always seeking and welcoming new scouts. Starting in September, the troop meets at the Clifton Presbyterian Church every Wednesday, from 7-8:30 p.m. for scouting projects, merit badges, rank advancement, fellowship and community service projects.

### More

For additional information on Boy Scout Troop 1104 visit Troop1104.com or contact Scoutmaster Bo Reese at 703-830-0048 or blreese1@cox.net.

## KENWOOD SCHOOL

Educational Excellence at an Affordable Price

Preschool  
thru  
Sixth Grade

- Financial Aid Available
- Small Classes
- Individual Attention

Register  
before Sept. 30  
& save \$150 off  
Sept. 2009 tuition.

4955 Sunset Lane  
Annandale, VA  
703-256-4711  
www.kenwoodschool.com  
*Established Since 1957*

(Established in 1980)  
Home of Burke Civic Ballet

## buffa's dance studio

- Pre-School Dance Movement
- Hip Hop
- Ballet
- Tap
- Jazz
- Lyrical
- Pointe
- Modern

- Ages 3 to Adult
- Beginner to Advanced
- Professional Instructors
- 8000 sq. ft.

REGISTER NOW!  
CALL 703-425-5599

QUALITY INSTRUCTION  
IN A QUALITY  
ENVIRONMENT  
www.buffas.com • buffasdance@msn.com

9570-H BURKE RD.  
BURKE VILLAGE  
CENTER II

## AT THE WORKHOUSE

The following events and exhibits are open at the Workhouse Arts Center, which is located at 9601 Ox Road, Lorton. For more information, call 703-495-0001 or visit [www.workhousearts.org](http://www.workhousearts.org).

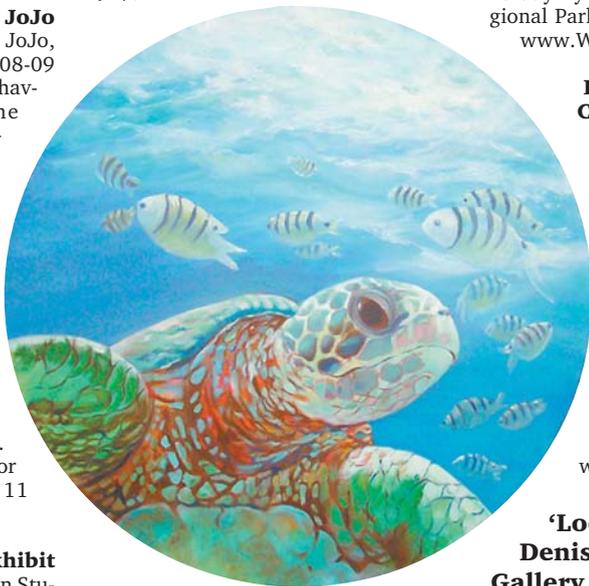
**Outgoing Exhibit: Farewell Exhibition for Ceramics Artist JoJo Rowley** runs through Aug. 28. JoJo, who was the recipient of the 2008-09 Emerging Ceramic Artist Grant is having her Exit Exhibition in the Vulcan. Join Rowley for a reception and Artist Talk on her experience at the Workhouse on Friday, Aug. 28, from 6-8:30 p.m.

**Virginia Watercolor Society 30th Anniversary Exhibition** runs from Sept. 1-Oct. 15. The juried exhibition celebrates the Virginia Watercolor Society's 30th Anniversary in Gallery W-16 featuring 101 works from the group's members. The public is invited to a free juror talk on Saturday, Sept. 12, at 11 a.m., given by Tony Van Hasselt.

**Workhouse Arts Center Exhibit** runs Sept. 9-Oct. 4 in the Gallery in Studio 5. Hours are Wednesday-Saturday, 11 a.m.-7 p.m., and Sundays, 12-5 p.m., 12-5 p.m. An opening reception takes place Saturday, Sept. 12, from 6-9 p.m. Free. Works of "Synergy," original encaustics, Intaglio prints and oil paintings by Julia Dzikiewicz, Norma Pfaff and Denise Shamoun Phalan. Come see this eye-popping combination of encaustics, printmaking and oils.

**Workhouse Film Noir Night.** Saturday, Sept. 12, 6:30 p.m. Join guest

speaker Judy Riggin for an entertaining and thoughtful look at this distinct style of filmmaking. Riggin speaks at 7 p.m., film shown at 7:30 p.m. followed by an informal discussion and Q&A. Film title TBA. 703-584-2927.



**Workhouse Art Guild: Dog Days of Summer** exhibit runs through Sept. 13. Members of the Workhouse Artists Guild are exhibiting a variety of works in Gallery W-16, first floor.

**First Anniversary Celebration of The Workhouse.** Saturday, Sept. 19, 11 a.m.-7 p.m. Bring friends and family to help the Workhouse celebrate its one year anniversary with live perfor-

mances, storytelling, children's events, artist demos and workshops. To mark this milestone, the Center is hosting a free concert featuring music and others on the Quad on from 3-5 p.m. Food and beverages will be available throughout the day by the Northern Virginia Regional Park Authority. 703-584-2927. [www.WorkhouseArts.org](http://www.WorkhouseArts.org).

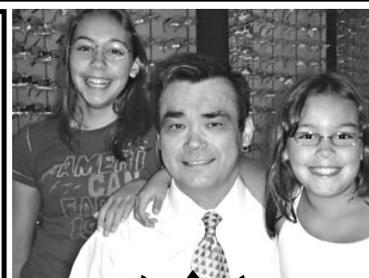
**In October: Watercolor Classes** with artist Catherine Hillis. Saturday mornings, beginning Oct. 3. Registration will be limited and it is suitable for beginners through intermediates. The first session of classes will review traditional methods of painting and will emphasize how to achieve a glowing painting utilizing several techniques. For more information visit [www.catherinehillis.com](http://www.catherinehillis.com) or

**'Looking for Romance' Denise Shamoun Phalan, Gallery in Studio 5 exhibit.**

[www.workhousearts.org](http://www.workhousearts.org) or call 703-584-2900.

**In October: Art, Wine & All That Jazz.** Saturday, Oct. 3, and Sunday, Oct. 4, 12-8 p.m. Come for wonderful local wineries from Virginia and North Carolina, spectacular art and all day jazz performances. Tickets on sale now. \$25 in advance or \$30 at the gate. Visit [www.workhousearts.org](http://www.workhousearts.org) for more information or call 703-584-2927.

# USE YOUR TRICARE BENEFIT!



**New Lorton Office NOW OPEN**

- Comprehensive Eye Exams • Treatment of Eye Diseases
- 14 yrs. Naval service, 6 yrs. Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

Most Insurances Accepted:

Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network Doctor, Vision One, Blue Choice, Avesis, VCA, Aetna HMO/PPO/POS, PHCS, Spectera, VSP® Network Doctor

WE WELCOME YOUR DOCTOR'S PRESCRIPTION

**DR. GENE SWEETNAM**  
OPTOMETRIST

5204A Rolling Rd.  
Burke Professional Center  
Burke, VA 22015  
703-425-2000

8951 Ox Rd., Suite 100  
Shoppes at Lorton Valley  
Lorton, VA 22079  
703-493-9910

[www.drsweetnam.com](http://www.drsweetnam.com)



## Acne care, anytime.

think MinuteClinic

**MinuteClinic now treats acne! No appointment necessary.**

In select CVS/pharmacy locations, our experienced nurse practitioners and physician assistants are available to diagnose and treat mild to moderate acne 7 days a week, including evenings and weekends.

MinuteClinic employs physician assistants in Minnesota, Nevada, North Carolina and Texas.



INSIDE SELECT  
**CVS**  
pharmacy

866.389.ASAP (2727)  
[minuteclinic.com](http://minuteclinic.com)

09348MCR09\_C

**25% OFF**  
All Trees, Annuals, Perennials, & Shrubs, Orchids, Bonsai, Cacti

**MUMS ARE HERE & HARDY VEGETABLES**

3 Cubic ft. Shredded Hardwood Mulch \$2.99

**PANSIES 97¢**  
Reg. 1.89

**Bulk Mulch** REG. 29.99 19.99 cu. yd.

**60-75% OFF ALL POTTERY**  
3 New Truckloads  
New Cast Iron Shipment

**OFF SEASON PRICING**  
Free Estimates Sale Ends 9/12/09  
Hardscape/Landscape, Patios, Walls, Walkways & so much more

Open 9-6 • 7 Days  
9023 Arlington Blvd., Fairfax, VA  
703-573-5025  
2 miles west of I-495 on Rt. 50 (Vienna Metro)  
**Cravens Nursery & Pottery**  
[CravensNursery.com](http://CravensNursery.com)

**Don't Replace Your UGLY BATHTUB Refinish It!**

**SAVE 75% ON BATHTUB REPLACEMENT!**

 **Miracle Method**  
SURFACE RESTORATION

**703-774-3100**  
[MiracleMethod.com](http://MiracleMethod.com)

**Free Estimates!**  
Serving Fairfax, Centreville, Burke, Herndon, Dulles and Manassas

# Offense Spreads Gar-Field for 55 Points

**New passing offense gives Bruins hope for successful season.**

BY REED S. ALBERS  
THE CONNECTION

Perhaps Lake Braddock Secondary School's first drive in its scrimmage with Gar-Field Senior High School on Thursday, Aug. 20 explains why the Bruins' faithful believe this could be a strong season.

After giving up a touchdown on the first drive of the game, the Bruins offense marched onto the field behind junior quarterback Michael Nebrich.

Using a new spread offense, Nebrich put on a passing clinic, driving the Bruins down the field while his offensive line gave him ample time to find an open man.

When Nebrich was pressured, he transformed into a speedy scrambler capable of breaking a 20-yard run. On this drive, he rolled out of the pocket and searched for receivers as if there wasn't a blitz just seconds before.

Finally, after marching nearly 60 yards with only one running play, Nebrich lobbed a pass into the end zone for senior Brandon Johnson, giving Nebrich his first of four passing touchdowns that evening.

Nebrich was the star of the Bruins' 55-7 rout of Gar-Field High School, passing for more than 250 yards and scoring four pass-



PHOTO COURTESY OF CHRISTINA NEBRICH

**Quarterback Michael Nebrich was a clear standout in Lake Braddock's scrimmage against Gar-Field Senior High School. Nebrich rushed for one touchdown and passed for four touchdowns.**

ing touchdowns and one rushing touchdown.

**FOR THE BRUINS'** fans, seeing was believing, but Head Coach James Poythress said Nebrich's dominance was all according to plan.

"We're expecting him to be one of the top quarterbacks in the region," Poythress said.

With an accurate arm, speedy scrambling ability and a squad of receivers who could fight their way to more yardage after the

catch, Poythress' claim is valid.

While passing more than 250 yards might have one quarterback's head in the clouds, Nebrich knew that this was only a test of his team's abilities.

"We kind of preached to each other that we had to stay focused," Nebrich said. "We treated this as practice. We stayed focused and stayed calm. I think we did a real good job."

Lake Braddock is entering this season with high hopes thanks to the new spread

**"I don't think we scored that many points in one game all last year."**

— Jim Poythress, head coach, Lake Braddock

offense it plans to run. If Friday night was any indication, the team is capable of executing it efficiently.

The Bruins' offense didn't have a four-and-out possession until late in the second quarter.

"I think [the performance] speaks for itself," Poythress said. "I don't think we scored that many points in one game all last year."

The spread offense's success didn't just energize the team, it also allowed players to relax and force Gar-Field to play by the Bruins' rules.

"I like how the [opposing] defense gets tired [when you run the spread]," said senior offensive lineman Young Won. "It just makes blocking so much easier."

On the defensive side of the ball, senior middle linebacker Chris Lavery said that knowing he's playing with a potent offense makes his job less stressful.

"It took a lot of pressure off," Lavery said. "The offense was on the field all the time, it just helped us out a ton."

While the Bruins dominated the game on

SEE SPREAD, PAGE 9

# Bruins Coach Leaves after Six Seasons

**Karl Kerns led Lake Braddock to three consecutive district golf titles.**

BY REED S. ALBERS  
THE CONNECTION

Sitting at his desk at Woodbridge High School in Prince William County, newly appointed Director of Student Activities Karl Kerns often reflects about his most recent job, coaching the Lake Braddock Secondary School golf team.

"I look outside and think about [my golfers]," Kerns said. "I look at the clock and think, 'They must be practicing now.' But things have changed."

In the afternoon, Kerns used to practice approach shots and drives, now he fills out paperwork and prepares to oversee student activities at Woodbridge High in Prince William County for the coming school year.

"The world [of being a golf coach] is quickly becoming a memory," he said.

On Aug. 19, Kerns ended his six-year ten-



FILE PHOTO

**Karl Kerns, center, led the Bruins to three consecutive Patriot District titles (2006, 2007, 2008) during his six-year tenure as head golf coach. Here, he poses with the 2008 championship team.**

ure as the Bruin's head golf coach as his team played in the Patriot District Preview. Though he was still the coach, he spent his last day at Twin Lakes Golf Course, Lake Braddock's home course, reveling in the atmosphere of junior golf and thinking about the future.

"I was more of a spectator that day," he said. "It felt like it was time to go. I just kind of worked my way around the course and said good luck to everyone."

Rather than spend a moment with each player, Kerns delivered a group goodbye.

"It's just too hard to talk to each one in-

**"I was more of a spectator that day. It felt like it was time to go."**

— Karl Kerns

dividually," he said. "They call you coach, but you're more of a mentor."

The Lake Braddock golf team was hit with two items of bad news at the Patriot District Preview. First, the team lost in a tiebreaker to West Springfield, a team they beat the previous week in a tiebreaker. Then came the news of Kern's new job.

"Right after the game I told them I accepted a job at Woodbridge," he said. "One parent groaned, some kids were happy, [others] were shocked."

Kerns leaves behind a strong legacy at Lake Braddock. As the golf coach, he led the Bruins to three consecutive Patriot District titles in 2006, 2007 and 2008.

"Nobody in my memory has won the district four straight times," he said. "I think that [Lake Braddock] can do it this year. I would tell them, win district titles for you,

SEE KERNS, PAGE 9

# Kerns Steps Down as Bruins Coach

FROM PAGE 8

not for me.”

Bill Hughes, a math teacher at Lake Braddock, will be Kern's replacement for the 2009 season. Hughes served as an assistant at the beginning of the season.

Kerns said that Hughes was a perfect fit for the job.

“He knows the administrative side of coaching well,” Kerns said. “He'll do a great job, I know it.”

Hughes said that the transition from being an assistant to taking over as head coach has gone well.

“I feel like [the team] is playing well, regardless of who is coaching,” he said. “The district is really tight this year, but I think we are good enough to win [the district

title].”

The golf team isn't the only job that Kerns will leave behind. His new job at Woodbridge ends his 15-year career at Fairfax County Public Schools. Kerns taught World History I at Lake Braddock from 2001-09 and previously taught at Hayfield Secondary School.

In addition to teaching and coaching, Kerns also played a role in organizing local junior golf tournaments.

“Karl was a tremendous asset to our golf program,” said Mark Martino, Lake Braddock director of student activities. “He was instrumental in running the district tournament and regional tournament. He will be tough to replace.”

Kerns said the adjustment from golf coach to director of student activities has already

been a challenge.

“It's going. I'm learning as I'm going,” he said. “I'm excited for school to start and for the kids to return.”

**WHILE KERNs** said that he has some adjusting to do in his new job, he is familiar with the Prince William County area.

“I live out here, so I know what goes on around here,” he said. “I'm familiar but there's work to be done.”

Though Kerns decided not to meet with each player of his golf team individually, he did have a final message for them as he settled into his new job.

“Whatever you do, always play to win,” he said. “In everything you do, make it a competition. You have to work to get better. Give it your all in life and golf.”

# Spread Offense Passes First Test for Bruins

FROM PAGE 8

offense, the defense got off to a shaky start, letting Gar-Field drive for a touchdown on the opening drive of the game.

“On the first drive, there's always a lot of nerves,” Lavery said. “You think about prac-

tice and you have the jitters. We just calmed down and started playing football.”

After Gar-Field's first touchdown, Lake Braddock clamped down on defense and it wasn't until the fourth quarter that Gar-Field threatened to score again.

“We've got a big defensive line,” Lavery

said. “We're just stacked up. I feel like the defense will take us everywhere this year.”

The Bruins are looking forward to the season and aren't afraid to set big goals. “I just want to play on Thanksgiving, make the playoffs and then make a run for [the state championship],” Lavery said.

## Call for Local Sports Input

The local youth football, tennis, volleyball and cheerleading seasons have started and the Connection doesn't want any child's accomplishments in to go unnoticed. Each week, the Connection's collection of 17 weekly papers serving Northern Virginia and Potomac, Md.

### WEEK IN SPORTS

will post team results either in print or on the Web. But to do so, we need your help. Here's who to contact so that game-winning field goal, 90-yard touchdown pass, smashing tennis performance or championship title gets the recognition it deserves.

If you receive the Burke Connection, Centre View-North, Centre View-South, Fairfax Connection, Fairfax/Station/Laurel Hill Connection or Springfield Connection, e-mail Sports Editor Reed S. Albers at [ralbers@connectionnewspapers.com](mailto:ralbers@connectionnewspapers.com)

## COMMUNITIES OF WORSHIP

**BURKE PRESBYTERIAN CHURCH**  
5690 Oak Leather Drive  
Burke, VA 22015  
703-764-0456  
[www.BurkePresChurch.org](http://www.BurkePresChurch.org)

SERVICES:  
Saturday — 5:30 pm Coffee House Worship  
Sunday — 8:30 am & 11:15 am  
Sunday school — 9:45 am

**All are Welcome!**  
Rev. Dr. Beth Braxton, Pastor  
Rev. MaryAnn Dana, Associate Pastor

**BECOMING Disciples THROUGH Sabbath Study & Service**

OPEN YOUR HEART TO THE POSSIBILITY OF HOPE THROUGH JESUS CHRIST

**HOPE Baptist Church**

*“BUILDING GOD'S KINGDOM ONE SOUL AT A TIME”*

My sheep hear my voice and I know them and they follow me — John 10:27

JOIN US THIS SUNDAY AT:  
**WILLIAM HALEY ELEMENTARY SCHOOL**  
8850 CROSS CHASE CIRCLE, FAIRFAX STATION, VIRGINIA  
10AM - SUNDAY SCHOOL - 11AM - MORNING WORSHIP  
PASTOR ARLETTE JOHNSON, PASTOR AND FOUNDER

9800 Old Keene Mill Rd.  
703-455-7041

Sunday School  
9:15 AM

Worship Service  
10:30 AM

**CALVARY CHRISTIAN CHURCH**

[www.calvaryfamily.com](http://www.calvaryfamily.com)  
“Continuing the ministry of Christ on earth”

**Jubilee Christian Center**  
Celebrating the sounds of Freedom

Realtime Worship - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sunday Evening - 6:30 PM Youth Meeting  
Family Night - Wednesday 7:15 PM  
Call for Sunday Evening Worship Home Group Schedule visit our website: [www.jccag.org](http://www.jccag.org)

4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170  
“Experience the Difference”



Cranford United Methodist Church...703-339-5382  
**Non-Denominational**  
Grace Bible Church...703-339-7292  
Gunston Bible Church...703-339-5395  
Iglesia La Gran Comision Asambleas De Dios...703-541-0816  
New Hope Church...703-971-4673  
New Jerusalem Temple of Worship...703-593-6153  
**Pentecostal**  
Christ Pentecostal International Church...703-339-2119  
First United Pentecostal Church...703-339-2402  
**Presbyterian**  
Clifton Presbyterian Church...703-830-3175  
Seoul Presbyterian Church...703-764-1310  
**Sikh**  
Sikh Foundation of Virginia...703-323-8849

**Buddhist**  
Ekoji Buddhist Temple...703-239-1200  
**Catholic**  
St. Clare of Assisi...703-266-1310  
St. Raymond Penafort...703-440-0535  
**Church of God**  
Church of the Living God of No. Va...703-250-7980  
Congregacion La Cena Del Senor...703-550-1204  
**Episcopal**  
St. Peter's in the Woods...703-503-9210  
Pohick Church...703-339-6579  
**Lutheran**  
Living Savior Lutheran Church 703-352-1421  
**Methodist**  
Christ Church of Fairfax Station...703-690-3401

**Baha'i Faith**  
Baha'is of Fairfax County Southwest...703-912-1719  
**Baptist**  
Antioch Baptist Church...703-425-0940  
Clifton Baptist Church...703-263-1161  
Community Baptist Church...703-250-9060  
Fairfax Baptist Temple...703-323-8100

Harvest Assembly Baptist Church...703-799-7868  
Hope Baptist Church...703-799-5155  
Jerusalem Baptist Church...703-278-8166  
Shiloh Baptist Church...703-550-8557  
Virginia Korean Baptist Church 703-425-1972

To Advertise Your Community of Worship, Call 703-917-6463

Register Now for Fall Dance Classes

**Creative Dance Center**

Jazz, Hip Hop, Ballet, Tap, Contemporary  
All levels from ages 2 through adult!

Visit us at the following events:  
Chantilly Block Party - August 29 11:00-3:00  
Dulles Town Center Family Fest - August 29 10:00-4:00  
Centreville Day - September 26

Ashburn 703-724-4900  
44710 Cape Court, Suite 126  
Chantilly 703-378-1800  
14155-E Sullyfield Circle  
[www.CDCdance.com](http://www.CDCdance.com)

**\$10 off Registration Fee**  
with this ad

**THE CARLIN**

**The Best in Senior Living**  
Starting at 55 years

Offering

- Rents Starting at \$950
- All Utilities Included
- And Just Two Blocks from Ballston Metro
- Frost-Free Refrigerator
- Underground Garage Parking
- Spacious Kitchens and Bathrooms
- Wellness Programs
- Full-Time Social Services Coordinator
- Prices are Subject to Change

**703-243-4300**  
Call Today

4300 N. Carlin Springs Road, Arlington, VA 22203

# CALENDAR

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

## THURSDAY/AUG. 27

**Redemption Thursdays.** 8 p.m. at Jaxx Nightclub, 6355 Rolling Road, West Springfield. \$5 in advance, \$7 day of show. 703-569-5940 or [jaxxroxx.com](http://jaxxroxx.com).

## FRIDAY/AUG. 28

**City of Fairfax Band's Alte Kamaraden German band.** 7:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. 703-324-SHOW.

**Kingstowne Farmers Market.** 4-7 p.m. at Kingstowne Town Center behind the Sunoco Gas Station.

**Dragonflies.** Learn about the lifecycle, behavior and identification of Huntley's many dragonflies and damselflies from 9-11:30 a.m., at Huntley Meadows Park & Visitor Center, 3701 Lockheed Blvd., Alexandria. This walk suggested for adults. Activity will be canceled in case of rain. \$6 per person. Call 703-768-2525 to register.

## FRIDAY/AUG. 28

**Ice Cream and Hot Dogs.** The Children's Fund is hosting a fund raiser at Peterson's Ice Cream Depot, 7150 Main St., Clifton. Children's Fund is a public charity dedicated to children's healthy development and education worldwide, and people can contribute by mentioning the Children's Fund when they enjoy their ice cream and hot dogs.

## FRIDAY/AUG. 28

**Congregation Adat Reyim Shabbat Under the Stars.** 6:30 p.m., at 6500 Westbury Oaks Court, Springfield. Enjoy a picnic — bring your own dairy-pareve dinner. Erev Shabbat Service led by the Adat Reyim Folk Group begins at 7:30 p.m. For more, call 703-569-7577 or visit [adatreyim.org](http://adatreyim.org).

## SATURDAY/AUG. 29

**Exercise Paddle Adventure.** 4:30 p.m.-sunset at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. Paddle trip with interval training and endurance. General good health required. Must be 18 or older. Kayak experience necessary. Call 703-339-6104 for reservations (required), directions and other information. Cost: \$30 per person or group rate.

**Nature in your Hands!** 2-5 p.m. Stop by the Pohick Bay observation deck and see a display of live animals you might find in the Northern Virginia area. A naturalist will have live snakes, turtles, frogs and maybe even more! Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. 703-339-6104. Free.

**Neighborhood Plant Clinic.** 10 a.m.-1 p.m., at Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600. The Fairfax County Master Gardeners Association gives tips and strategies. Adults.

**Historic Re-enactment.** The Carlyle House will host a War of 1812 historic re-enactment 10 a.m.-4 p.m., at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. Call 703-549-2997 or 703-339-6104. For more information, visit [www.nvrpa.org](http://www.nvrpa.org).



## Dog Paddle

Bring your dog out for a swim on Saturday, Sept. 12, from 12-4 p.m., at all five Northern Virginia Regional Park Authority water parks:

Atlantis Water Park in Centreville, Downpour Water Park at Algonkian Regional Park in Sterling, Great Waves at Cameron Run Regional Park in Alexandria, Pirate's Cove at Pohick Bay Regional Park in Lorton and Upton Hill Regional Park in Arlington. \$5 per dog. [www.nvrpa.org](http://www.nvrpa.org). Dog owners must fill out a liability waiver and your dog must have a current license and rabies vaccination.

**Rotary Fund Raiser.** Rotary Clubs of Northern Virginia is hosting a fund raiser for Rotary's Polio Eradication Project and with a presentation of the play "Which Way Is Out?" 7 p.m., at Northern Virginia Community College's Richard J. Ernst Community Cultural Center in Annandale. \$45 in

advance and \$50 at the door, this includes an hors d'oeuvres reception preceding each performance. To buy tickets, visit [www.rotary7610.org](http://www.rotary7610.org) or call 540-370-0300.

## SUNDAY/AUG. 30

**SALIVA** with Smile Empty Soul, Taking

Dawn, Sick Circle. 7:30 p.m. at Jaxx Nightclub, 6355 Rolling Road, West Springfield. \$22 in advance, \$25 day of show. 703-569-5940 or [jaxxroxx.com](http://jaxxroxx.com).

## Paddle Adventure-Evening Tour.

5:30 p.m.-8 p.m. View the beauty of the Pohick Marsh as the day comes to an end. No experience is necessary. Call 703-339-6104 for reservations (required), directions and other information. \$30 per person or group rate. Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton.

**Neighborhood Plant Clinic.** 1 p.m., at Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333. The Fairfax County Master Gardeners Association gives tips and advice. Adults.

**Vegan Cooking Class. "Healthy Snacks & Desserts."** 10 a.m.-1 p.m., at 9302 Hallston Court Fairfax Station. \$50/person. Have your cake and eat it too for lactose intolerant, dairy-free, cholesterol-free. Class includes food samples, recipes, coupons, and goodie bags to take home. Pre-registration required. Call 703-643-2713 for space availability. [www.localdc.com/cooking](http://www.localdc.com/cooking).

**Historic Re-enactment.** The Carlyle House will host a War of 1812 historic re-enactment 10 a.m.-4 p.m., at Pohick Bay Regional Park, 6501 Pohick Bay Drive, Lorton. Call 703-549-2997 or 703-339-6104. For more information, visit [www.nvrpa.org](http://www.nvrpa.org).

**Rotary Fund Raiser.** Rotary Clubs of Northern Virginia is hosting a fund raiser for Rotary's Polio Eradication Project and with a presentation of the play "Which Way Is Out?" 6 p.m., at Northern Virginia Community College's Richard J. Ernst Community Cultural Center in Annandale. For tickets, call 540-370-0300.

# REACH NEW HEIGHTS

AT THE AREA'S BEST ALL INDOOR FITNESS FACILITY

**Summer Short Term Memberships Available!**  
Call for details

<p><b>ACTIVITIES</b></p> <ul style="list-style-type: none"> <li>→ Adult &amp; Children's Tennis*</li> <li>→ Swimming</li> <li>→ Racquetball*</li> <li>→ Cybex Weight Equipment</li> <li>→ Cardiovascular Equipment</li> <li>→ Aerobics/Pilates/Glides</li> <li>→ Yoga/Ball/Bosu</li> <li>→ Sauna</li> <li>→ Post Rehab Conditioning*</li> <li>→ Personal Trainers</li> <li>→ Massage Therapy*</li> <li>→ Masters Swim Program</li> </ul>	<p><b>CHILDREN'S ACTIVITIES</b></p> <ul style="list-style-type: none"> <li>→ Team Building Activities</li> <li>→ Kidfit*</li> <li>→ Birthday and Team Parties* (using our climbing wall, XERGYM, and/or pool)</li> <li>→ Kids Nite Out* (4 hours of fun &amp; play give Mom and Dad a "date night")</li> <li>→ KidZone*</li> </ul>
--	--

**Register Now!**  
**SPORTS AND TENNIS CAMPS**

Home of the Nationally Ranked  
Curl Burke Swim Team

Last Open House:  
Sunday August 30  
(7:00 pm)

703.250.1299

6001 Burke Commons Rd.  
Burke, Virginia

15 minutes from Springfield,  
Newington, Fairfax & Centreville.

[www.burkeclub.com](http://www.burkeclub.com)

**franzone**  
**AUCTION**

**BANKRUPTCY**  
**15,000+sf Mansion**

- ♦ 30 minutes from DC
- ♦ 5 bedrooms, 5 full & 3 half baths
- ♦ Conservatory, library, morning room
- ♦ Master retreat fills entire wing
- ♦ Formal LR plus 2-story grand salon

- ♦ Gourmet kitchen, dumbwaiter, butler's pantry
- ♦ Upper level office, study & studio
- ♦ Lower level rooms: lounge/bar, media, billiards, wine tasting, wine cellar & more!

Sale subject to US Bankruptcy Court approval

Thurs, Sept. 10<sup>th</sup> @ 11am

11215 Stuart Mill Rd, Oakton, VA

888-621-2110 | [www.franzone.com](http://www.franzone.com)

# HOME SALES

JULY 2009  
\$1,150,000 ~ \$419,200

Address	BR	FB	HB	...	Postal	City	Sold Price	Type	Lot	AC	Subdivision
9202 MAROVELLI FOREST DR	5	5	1		LORTON	\$1,150,000	Detached	0.83	...	THE ESTATES AT WINDSOR PARK	
7020 BALMORAL FOREST RD	5	4	2		CLIFTON	\$1,090,000	Detached	2.39	...	BALMORAL GREENS	
11035 BRIARLYNN CT	5	4	1		FAIRFAX STATION	\$900,000	Detached	5.00	...	BRIARLYNN ESTATES	
10115 HOMAR POND DR	5	4	1		FAIRFAX STATION	\$820,000	Detached	0.58	...	BURKE LAKE ESTATES	
10645 CANTERBERRY RD	4	3	1		FAIRFAX STATION	\$800,000	Detached	0.91	...	CANTERBERRY (STANLEY MARTIN)	
8605 CROSS OAKS LN	5	3	1		FAIRFAX STATION	\$789,000	Detached	0.28	...	CROSSPOINTE	
6417 COLCHESTER RD	4	2	1		FAIRFAX STATION	\$770,000	Detached	5.02	...	PATTERNS	
9313 ARGENT CT	5	3	1		FAIRFAX STATION	\$770,000	Detached	0.28	...	CROSSPOINTE	
12419 POPES HEAD RD	5	5	1		CLIFTON	\$755,000	Detached	0.58	...	VANNOY PARK	
8402 CROSSLAKE DR	5	3	1		FAIRFAX STATION	\$755,000	Detached	0.35	...	CROSSPOINTE	
9828 SOUTH PARK CIR	4	3	1		FAIRFAX STATION	\$740,000	Detached	0.61	...	SOUTH RUN	
8714 RUSTIC OAK CT	4	3	1		FAIRFAX STATION	\$735,000	Detached	2.01	...	HAMPTON HILLS	
8898 CROSSPOINTE GLEN WAY	4	4	1		LORTON	\$725,000	Detached	0.24	...	CROSSPOINTE GLEN	
8502 HERON POND LN	5	3	1		FAIRFAX STATION	\$720,000	Detached	0.32	...	CROSSPOINTE	
11505 CLARA BARTON DR	4	4	0		FAIRFAX STATION	\$702,500	Detached	0.97	...	FAIRFAX STATION	
8115 GLENHURST DR	5	5	0		FAIRFAX STATION	\$701,200	Detached	0.25	...	BARRINGTON	
7803 BREAKNESS LN	5	4	1		FAIRFAX STATION	\$700,500	Detached	0.39	...	WOODS AT SOUTH RUN	
6906 COMPTON HEIGHTS CIR	5	3	1		CLIFTON	\$628,978	Detached	0.57	...	COMPTON HEIGHTS	
8811 TELEGRAPH CROSSING CT	4	3	1		LORTON	\$626,000	Detached	0.22	...	CROSSPOINTE	
13674 UNION VILLAGE CIR	5	3	1		CLIFTON	\$625,000	Detached	0.29	...	LITTLE ROCKY RUN	
11710 WOLF RUN LN	5	3	1		CLIFTON	\$625,000	Detached	3.82	...	WOLF RUN	
13405 TREY LN	5	3	1		CLIFTON	\$620,000	Detached	0.25	...	CENTREVILLE GREEN	
7252 ARCHLAW DR	3	2	1		CLIFTON	\$620,000	Detached	5.54	...	CLIFTON TRAILS	
8053 PAPER BIRCH DR	4	3	1		LORTON	\$615,000	Detached	0.18	...	LAUREL HILL	
6104 ARRINGTON DR	4	2	1		FAIRFAX STATION	\$602,000	Detached	0.57	...	FAIRFAX STATION	
5664 LONESOME DOVE CT	5	3	1		CLIFTON	\$599,999	Detached	0.20	...	CENTREVILLE GREEN	
13708 SPRINGSTONE CT	4	3	1		CLIFTON	\$595,000	Detached	0.29	...	LITTLE ROCKY RUN	
13950 STONEFIELD DR	5	3	1		CLIFTON	\$578,000	Detached	0.28	...	LITTLE ROCKY RUN	
13612 WHITE STONE CT	4	3	1		CLIFTON	\$565,000	Detached	0.20	...	LITTLE ROCKY RUN	
8868 BENNINGTON BLVD	5	3	1		LORTON	\$550,000	Detached	0.11	...	SHADOWBROOK	
9041 HARROVER PL	4	3	1		LORTON	\$550,000	Detached	0.08	...	LORTON STATION	
8302 FITT CT	4	2	1		LORTON	\$545,000	Detached	0.18	...	RACEWAY FARMS	
7530 EVANS FORD RD	4	2	1		CLIFTON	\$535,000	Detached	0.72	...	CLIFTON	
8288 LAUREL HEIGHTS LOOP	4	3	1		LORTON	\$500,000	Detached	0.09	...	LAUREL CREST	
6026 FOREST RUN DR	4	2	1		CLIFTON	\$497,500	Detached	0.21	...	LITTLE ROCKY RUN	
7687 GRAYSONS MILL LN	5	3	1		LORTON	\$490,000	Detached	0.08	...	SHADOWBROOK	
9628 SLOWAY COAST DR	5	3	1		LORTON	\$470,000	Detached	0.10	...	VILLAGE AT LORTONVALLEY	
6700 BULKLEY RD	4	3	0		LORTON	\$460,000	Detached	0.67	...	HUNTER ESTATES	
13518 UNION VILLAGE CIR	4	3	0		CLIFTON	\$450,000	Detached	0.21	...	LITTLE ROCKY RUN	
8811 CARPENTERS HALL DR	3	3	1		LORTON	\$440,000	Detached	0.11	...	LORTON STATION	
8547 BARROW FURNACE LN	4	3	1		LORTON	\$440,000	Detached	0.08	...	LORTON VALLEY	
9664 HAWKSHEAD DR	4	3	1		LORTON	\$430,000	Detached	0.08	...	VILLAGE AT LORTONVALLEY	
8300 NEWBY BRIDGE DR	6	3	1		LORTON	\$430,000	Detached	0.09	...	LORTON VALLEY	
8015 APOLLO ST E	4	2	1		LORTON	\$420,000	Detached	0.53	...	HARBOR VIEW	
8920 YELLOW DAISY PL	3	3	0		LORTON	\$419,200	Detached	0.13	...	SPRING HILL	

Copyright 2009 Metropolitan Regional Information Systems, Inc.  
For more information on MRIS, visit [www.mris.com](http://www.mris.com).  
To search for a home online, visit [www.HomesDatabase.com](http://www.HomesDatabase.com).

## THIS IS "CARRIE"



Born 7/6/08, Beagle/Lab Mix Spayed Female, 30 lbs. Adorable little missy looking for a forever home. Carrie's housebroken, loves to go for walks and is only 1 yr. old. She didn't get a chance when she was younger to have a lot of contact with people, so she needs someone who is willing to go a little slower with her. You can see in her eyes she desperately wants to be best friends. Once she learns your trust she will love you forever. Please come out and see for yourself what a sweetie she is. Attributes: She's ready for some TLC!

### HUMANE SOCIETY OF FAIRFAX COUNTY

Hours: Monday-Friday 10-4 and Saturday 10-3.  
4057 Chain Bridge Rd., Fairfax, VA 22030 • 703-385-7387

## OPEN HOUSES SAT./SUN. AUGUST 29 & 30



11535 LILTING LANE, Fairfax Station • \$929,000 • Sunday 1-4  
Long & Foster • Carol Hermandorfer • 703-216-4949

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

### Fairfax Station (22039)

11611 YATES FORD RD.....\$767,500.....Sun 1-4.....Keller Williams.....Karen Paris.....571-220-7503  
11535 LILTING LANE.....\$929,000.....Sun 1-4.....Long & Foster.....Carol Hermandorfer.....703-216-4949  
11451 QUAILWOOD MANOR DR.....\$1,325,000.....Sun 1-4.....Keller Williams.....Diane Lenahan.....703-283-7328

### Clifton (20124)

12400 HENDERSON RD.....\$849,900.....Sun 1-4.....Long & Foster.....Ann Grainger.....703-503-1870  
7606 MAPLE BRANCH.....\$997,500.....Sun 1-4.....Weichert.....Art Flickinger.....703-690-0204

### Springfield (22150, 22151, 22152, 22153)

6434 ALLOWAY.....\$450,000.....Sun 1-4.....Weichert.....Debbie Ingram.....703-380-9264

### Kingstowne/Alexandria (22310, 22315)

5760 HERITAGE HILLS DR.....\$387,500.....Sun 1-4.....Long & Foster.....Betsy Twigg.....703-967-4391  
5662 CLOUDS MILL DR.....\$775,000.....Sun 1-4.....Keller Williams.....Dianne Rastelli.....703-609-9069

### Fairfax (22030, 22031, 22032)

4479 BEACON GROVE CIR, #807A.....\$359,000.....Sun 1-4.....Weichert.....Karen Chipman.....703-255-1585  
4003 WEIRICH.....\$397,500.....Sun 1-4.....Weichert.....Christina Yoon.....571-357-5111

### Annandale (22003)

3414 LUTTRELL RD.....\$383,000.....Sun 1-5.....MLS Connect.....William Garrett.....703-466-0576

### Falls Church (22042, 22044)

6802 FARRAGUT AVE.....\$399,990.....Sun 1-4.....Weichert.....Helen Grozbean.....571-233-4287

To add your FREE Realtor Open House listing in Springfield/Kingstowne, Burke, or Fairfax Station/Laurel Hill, Contact Steve Hogan at [shogan@connectionnewspapers.com](mailto:shogan@connectionnewspapers.com) All listings due by Tuesday at noon.

## #1 Weichert Agent in Burke & Fairfax Station



Call Kathleen today and ask for a copy of her "Satisfied Client List"



**Sterling/Trailside \$299,950**  
**OPEN SUNDAY 8/30 1-4**

Fabulous garage end unit backing to woods w/ deck, patio, fenced yard, fin walkout lower lvl w/ gas frpl & built-ins, eat-in kit w/ maple cabs & island w/breakfast bar, finlyrm off kit, spacious MBR w/ vaulted clngs & 2 closets, MBA w/ 2 sinks, mint cond & more.



**Burke \$574,950**  
**Remodeled Kitchen & Baths**

Immac Colonial w/ amazing remodeled eat-in kit w/ maple cabs & granite cntr & island, cherry wood flrs, dramatic finlyrm w/ skylts & cathedral clngs, gorgeous MBA w/ 2 sinks & sep tub & shower, fenced yard, sunny fin walkout bsmt w/ full BA, HOT TUB, deck & patio, vinyl windows & more.



**Fairfax Sta./So. Run \$674,950**  
**Walk to Burke Lake**

This lovely Colonial sits on a picturesque cul-de-sac w/ 3/4 acre flat fenced yard, eat-in kit w/ granite & newer appl, finished bsmt w/ full bath & custom bar, 2-lvl deck, dramatic MBR w/ cathedral clngs & walk-in closet, MBA w/ skylt & granite, replaced roof, siding & HVAC, walk to Burke Lake & comm pool & more.



**Fairfax Station \$619,950**  
**Backs to Common Area**

Fabulous updated Col on premium lot backing to common area w/ remodeled eat-in kit w/ new cabinets & granite cntrs, spacious MBR w/ vaulted clngs, MBA w/ double sinks, huge fin bsmt w/ recrm, 2 dens, full BA & kitchenette, deck + screen porch & more.



**Burke/Longwood Knolls \$589,950**  
**Remodeled Gourmet Kitchen**

Pristine Col w/ lushly landscaped lot & in-ground pool, quality remodeled eat-in kit w/ granite, maple cabs & SS appl, fin walkout bsmt, remodeled MBA w/ heated flr & granite cntr, replaced roof, siding & HVAC, new deck, beautiful concrete paver driveway & walk, new carpet & much more.

**Kathleen Quintarelli**  
**703-862-8808**



See Interior Photos at:  
[www.kathleenhomes.com](http://www.kathleenhomes.com) • [kathquintarelli@erols.com](mailto:kathquintarelli@erols.com)

**#1 Weichert Realtor**  
**Burke/Fairfax Station**  
Licensed Realtor 20 Years  
Sold Over \$30,000,000+ 2008



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

# EMPLOYMENT

703-917-6464  
ZONE 2 AD DEADLINE:  
WEDNESDAY 11 A.M.

**AVON** Need an Extra \$500 - \$1000 per mo. to pay Bills ??  
Call Sue @ 703-451-5864  
Email: avonsatosell@yahoo.com  
www.youravon.com/sanderson5864

**TELEPHONE**  
A great opportunity to **WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
301-333-1900  
Weekdays 9-4

**TELEPHONE**  
A great opportunity to **WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
301-333-1900  
Weekdays 9-4

**DRIVER**  
Office in Burke, DC deliveries.  
Approx 30 hrs per week. Clean DMV.  
US citizen. 703-426-4508

**Home Instead SENIOR CARE**  
**COMPANIONS & CNA'S NEEDED**  
Enable seniors to live independently in their own homes with our non-medical companionship and home care services. Rewarding P/T days, evenings, weekends, live-ins, medical benefits offered.  
**Home Instead Senior Care.**  
Call Today: 703-750-6665

**MARKET RESEARCH ANALYST**  
To apply fax resume to McLean Furniture Gallery, c/o A. Khan at 703-573-8722; No. Va. Area; 1 yr. experience and Bachelor's Degree in Economics required.

**HOUSEKEEPER**  
A senior citizen in W. Springfield needs help with cooking, cleaning, laundry, iron & floors. P/T, 20-25 hrs/wk, flexible. No services. Call 571-217-9193.

**Air Conditioning**  
Service Specialties, Inc. is seeking experienced residential HVAC techs. Enjoy excellent union benefit package w/full fam. med, pension, training, holidays, vac & competitive salary. Must have valid drivers license, provide good driving record & submit to drug screening & criminal background check. Visit [www.ssihvac.com](http://www.ssihvac.com) for application or fax resume to 703-968-7346.

**Internships Available**  
Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. Email [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)  
**THE CONNECTION NEWSPAPERS**

**DANCE TEACHERS**  
Fun, P/T job with flex hrs in No. VA areas. Req'd: dance, fitness or gymnastics bkgnd, exp w/children, own transp. Training prov'd.  
Call: GERALYN @ 571-215-1105  
or email: [geraldyn@cdcddance.com](mailto:geraldyn@cdcddance.com)

**Insurance Home Surveyor**  
P/T & F/T. Flexible schedule! Paid training. No sales. No experience required. Starts at \$16/hr. Fill out our application at [www.mueller-inc.com](http://www.mueller-inc.com).

**ADMIN ASSISTANT/ACCOUNTING TECH**  
Fairfax CPA firm seeks F/T professional indiv. Applicant should have administrative exp in a professional setting, be detail-oriented, team oriented, possess strong computer skills, including MS Word and Excel, and have excellent writing and grammar skills. Overtime hrs, including Sats, are req'd during tax season. 4 year degree preferred. Clerical accounting/bookkeeping exp a plus. Fluency in English req'd. We offer competitive salaries and benefits pkg. E-mail resume to [resumes@tgccpa.com](mailto:resumes@tgccpa.com)

**DENTAL RECEPTIONIST**  
Professional and friendly Front Desk needed for established endodontic practice in McLean, VA. 4 days, no weekends. Pay negotiable. E-mail resume to [Mcleanendo@gmail.com](mailto:Mcleanendo@gmail.com) or Fax 703-847-2861.

**ADMIN ASSIST**  
Non-profit organization in the City of Fairfax seeking a part time Administrative Assistant to perform office support functions. Must have strong MS Office and filing skills. Diplomacy is a must. Position must work Wednesdays and Fridays 8:30AM - 4:30PM. Work on Monday, Tuesday and Thursday 4 hours per day. Please fax resume to 703-385-1113. EOE.

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

# CLASSIFIED

703-917-6400  
ZONE 2 AD DEADLINE:  
TUESDAY NOON

21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements

**Man Hurls Polecat 63 ft.**  
BEXAR COUNTY - After using Thera-Gesic® on his sore shoulder, Tom W. was able to rid his property of the varmint last Thursday. When asked if the polecat lived or died, he painlessly replied: "None of your dang business!"  
Go Painlessly™  
**Compare and Save Buy THERAGESIC**  
Pain Creme

**PUBLIC REAL ESTATE AUCTION**  
Amazing English Country Estate Home  
8718 Woodside Ct., McLean, VA 22102  
Saturday, Sept. 26 at Noon  
5BR/5FBA/7HBA home on 1.75+ ac gated lakefront lot  
Originally listed for \$3MM. Starting Bid is \$600K  
Terms: \$25,000 in cash or cert. funds required to bid, high bidder must increase dep. to 5% of high bid within 3 days.  
Call or see [TRACuctions.com](http://TRACuctions.com) for full terms & conditions, including buyer's prem. and settle. requirements, or to request a brochure. Broker co-op welcome.  
Broker open house Wed., Aug. 26.  
Please call Kevin Regan for open house info.  
Paul Sobwick, Auctioneer, VA Lic. #3504  
**888.704.TRAC x. 130**

Nothing is too small to know, and nothing too big to attempt.  
-William Van Horne

**need better grades?**  
Our unique **One Subject Plan** has been helping students improve their grades for more than fifty years. In 2008, 23 of our 97 seniors earned **full academic scholarships** to college. In the past two years combined, our graduating classes have earned over \$16 million in total college scholarships.  
Need better grades to get into the college you want? Looking for a really good college prep school with structure, discipline, and Christian values?  
Act today! It's not too late to enroll for the fall. Download our report on The One Subject Plan at:  
[needbettergrades.com](http://needbettergrades.com)  
**Fork Union MILITARY ACADEMY** Success stories begin here.

**Vacation At Home**  
In Your Own New Sunroom!  
Sunrooms of Floor to Ceiling Glass, Our Edge-To-Edge Advantage®  
Call Now For...  
**12% Off up to \$4,000\***  
on any New Sunroom, Solarium or Conservatory  
**100% Bank Financing!**  
Northern Virginia VA #20345  
1-800-277-2846  
Central Virginia  
1-800-277-7790  
**patio ENCLOSURES, INC.**  
[www.reamco.com](http://www.reamco.com)

21 Announcements 21 Announcements

**LEGAL NOTICE**  
PUBLIC NOTICE: PROPOSAL TO MODIFY CORRECTIVE ACTIONS AT AN UNDERGROUND STORAGE TANK (UST) SITE. There has been a release from an underground storage tank system at the Chang's Auto Care Property, 6250 Brandon Avenue, Springfield, Virginia. The Department of Environmental Quality (DEQ) is requiring Mr. Jang S. Kim to prepare a Corrective Action Plan Addendum to address cleanup of petroleum fuel contamination at this site. If you have questions regarding the cleanup, please contact: John P. Diehl, Environmental Consultants and Contractors, Inc., 43045 John Mosby Highway, Chantilly, VA 20152, (703) 327-2900. The Corrective Action Plan will be submitted to the Remediation Division of the Northern Regional Office of the DEQ by August 18, 2009. If you would like to review or discuss the proposed Corrective Action Plan with the staff of the DEQ, please feel free to contact Mr. Randy Chapman of the DEQ at (703) 583-3816 after the date of the Corrective Action Plan Addendum submittal. The DEQ Remediation Division will consider written comments regarding the proposed Corrective Action Plan until September 24, 2009, and may decide to hold a public meeting if there is significant public interest. Written comments should be sent to the DEQ at the address listed below. The DEQ requests that all written comments reference the tracking number for this case: PC # 92-1134. Department of Environmental Quality, Remediation Division, 13901 Crown Court, Woodbridge, VA 22193.

101 Computers 101 Computers

**HDI EASY COMPUTER SOLUTIONS FOR INDIVIDUALS & SMALL BUSINESSES**  
JENNIFER O. SMITH • COMPUTER CONSULTANT  
> TRAINING > INSTALLATION > TROUBLE-SHOOTING  
> LET US TAME THAT BEAST FOR YOU  
Serving the Area Since 1995  
**(703) 765-2222**  
[JSMITHHDI@aol.com](mailto:JSMITHHDI@aol.com)

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

# CLASSIFIED

703-917-6400  
ZONE 2 Ad DEADLINE:  
TUESDAY NOON

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.COM

703-917-6400  
ZONE 2 Ad DEADLINE:  
TUESDAY NOON

### 28 Yard Sales

**GIANT YARD SALE**  
Sat, Aug 29, 8am - 4pm.  
Ward Ct & Richardson Dr,  
Fairfax 22032. Teaching  
Aids, Holiday/Themed Mtls,  
Art Supplies & Crafts, Post-  
ers, Teacher's & Children's  
Books, Games, Puppets,  
Puzzles, Household goods,  
books, computer stuff. Excel  
cond. . emfoxwell@cox.net

### 26 Antiques

We consign/pay top \$ for  
antique/semi antique furn.  
including mid century &  
danish modern Teak  
furniture, sterling, mens  
watches, painting/art glass,  
clocks, jewelry, costume  
jewelry, etc. Call Schefer  
Antiques @ 703-241-0790.

### 116 Childcare Avail.

BURKE Childcare avail in my  
home, OFC Lic, FT & PT, days,  
evenings, Back-up care &  
special needs children  
welcome. Large yard for lots of  
fun! 703-569-8056  
  
Burke Childcare, all ages  
welcome, 6am-6pm before &  
after, large house & backyard.  
Lots of fun. Lic. 703-455-1932  
703-344-3108 Susana

I believe the  
future is only  
the past again,  
entered through  
another gate.  
-Arthur Wing  
Pinero

### 21 Announcements

### 21 Announcements

### 21 Announcements

### 101 Computers

**Urgent news for people who used a  
SHOULDER PAIN PUMP**  
Pain pumps used after shoulder surgery deliver  
medication that can cause shoulder cartilage to  
deteriorate. If you or a loved one used a pain pump after  
shoulder surgery and still have pain and stiffness, call us  
now toll free at 1-800-THE-EAGLE for a free consultation  
about your potential claim. We practice law only in  
Arizona, but associate with lawyers throughout the U.S.  
**GOLDBERG & OSBORNE**  
915 W. Camelback Rd. 1-800-THE-EAGLE  
Phoenix, AZ 85013 (1-800-843-3245)  
www.1800theeagle.com **Open 7 days  
a week**

**HDI**  
EASY COMPUTER SOLUTIONS  
FOR INDIVIDUALS  
& SMALL BUSINESSES  
JENNIFER O. SMITH  
COMPUTER CONSULTANT  
➤ TRAINING  
➤ INSTALLATION  
➤ TROUBLE-  
SHOOTING  
➤ LET US TAME THAT  
BEAST FOR YOU  
Serving Area Since 1995  
**(703) 765-2222**  
JSMITHHDI@aol.com

### 25 Sales & Auctions

**BANK OWNED HOMES IN YOUR AREA!**

# Auction

Your last opportunity to buy these homes at auction pricing! **Bid Online Today BidKW.com**

**2702 Greenmount Avenue, Baltimore, MD**  
Condo • 3 bed • 1 bath • 1,352 sq. ft.

**417 Robert Street, Baltimore, MD**  
Condo • 4 bed • 1 bath • 1,800 sq. ft.

**3401 Holmes Avenue, Baltimore, MD**  
Condo • 3 bed • 1 bath • 1,400 sq. ft.

**3308 Chesterfield Avenue, Baltimore, MD**  
Condo • 2 bed • 2 bath • 1,120 sq. ft.

**KENNEDY WILSON**

Your home...Your price! **877-292-2995**

**THE CONNECTION NEWSPAPERS CLASSIFIED**

Classified or Home • Lawn • Garden:  
**703-917-6400**

Employment: **703-917-6464**  
Fax: **703-917-0992**

E-mail: **classified@connectionnewspapers.com**

### CLEANING CLEANING

**Y & Y CLEANING**  
13 yrs Exp.  
Excellent Refs,  
Guaranteed Satisfaction,  
Call Yamilet  
**703-967-7412**

### CLEANING

**CARE MORE CLEANING SOLUTIONS**  
Residential & Commercial  
10% Senior Citizen Discount  
**703-862-5904** or  
**703-780-6749**  
LIC. caremorecleaning.com INS

### DECKS

**High Pressure Cleaning & Sealing**  
• Decks  
• Fencing • Siding  
For Free Estimate call Bill  
**703-944-1440**

### HANDYMAN

### HANDYMAN

### JUST LIKE NEW CLEANING SERVICE

Specializing in:  
• Surface Cleaning • Deep Down Scrubbing  
• Move-in/Move-out Cleaning • Organizational Services  
♦ Ask About Summer Specials ♦  
Free Estimates, Personalized Service  
Licensed/Bonded/Ins.  
Call Jessie @ **703-763-6751**

### HOME IMPROVEMENT

Repairs & Remodeling:  
Plumbing, Electrical, & Painting!  
**703-455-3858**  
www.ZenouZHomeImprovement.com  
**No Job too Small**

### A CLEANING SERVICE

Since 1985/Ins & Bonded  
Quality Service at a Fair Price  
Satisfaction Guaranteed  
Comm/Res. MD VA DC  
**acleaningserviceinc.com**  
**703-892-8648**

### RCL HOME REPAIRS

Handyman Services  
Springfld • Burke • Kingstowne  
Light Electrical • Plumbing •  
Bathroom Renovation • Ceramic Tile •  
Drywall Repair  
**703-922-4190**  
LIC. www.rclhomerepairs.com INS.

### ELECTRICAL ELECTRICAL

**K & D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated  
Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...  
Office 703-335-0654 Mobile 703-499-0522  
Licensed/Bonded/Insured

### MOTTERN MASONRY DESIGN

Specializing in Custom  
Stone and Brick Walkways, Patios,  
& Small and Large Repairs  
Licensed, Insured  
• Free estimates • All work guaranteed •  
www.mottermasonry.com  
Phone **703-496-7491**

### GUTTER GUTTER

**MR. GUTTER**  
GUTTER CLEANING & REPAIRS  
Townhouses \$50  
Houses \$85  
Ext. Painting • Power-Washing  
LIC **703-323-4671** INS

### THE #1 HANDYMAN

LICENSED • INSURED • RELIABLE  
• BATHROOMS • DECK REPAIR  
• KITCHENS • STORM DOORS  
• CAULKING • ELECTRICAL  
• PLUMBING • PAINTING  
No JOB TOO SMALL • LOW PRICES • ON TIME  
www.the1handyman.com  
CALL: **703-444-0806**

### PINNACLE SERVICES, INC.

**LAWN SERVICE**  
MOWING, TRIMMING,  
EDGING, MULCHING  
& TRIM HEDGES  
Group Rates Avail.!  
**703-802-0483**

### Hand and Hand Handyman

General Remodeling  
Residential & Commercial  
Specializing in:  
Kitchen/Bathroom/Basement Remodeling  
Plumbing • Electrical • Custom Carpentry  
Doors Windows • Hardwood Floors  
Crown Molding • House Cleaning  
Interior/Exterior Painting • Brick/Stone Work  
Ceramic Tile • Decks, Fences, Patios  
HOA Maintenance, Granite Counter Tops  
Realtors Work and Much More  
Licensed and Insured Serving Northern Virginia  
**703-296-6409**

### IMPROVEMENTS IMPROVEMENTS

**Metro Gutter**  
Clean/Install/Repair  
• Wood Replace & Wrapping • Pressure Washing  
• Chimney Sweeping & Repair  
20 YEARS EXP.  
**703-354-4333**  
metrogutter.com

### IMPROVEMENTS IMPROVEMENTS

**HOME REMODELING**  
KITCHENS, BATHS, TILE, TRIM, INT.  
ALTERATIONS, all HOME REPAIRS!  
**Steve's Remodeling**  
LIC. • INS. BONDED OWNER OPERATED  
Call Steve Paris  
**(703) 830-5681 - 703-932-0270**  
30 YEARS EXPERIENCE • FREE ESTIMATES

# Real 'Green' House

FROM PAGE 3

quality and sustainability," said the builder Arjay West, principal of West Properties of Falls Church. "Emerald is the highest score, and we're very proud of that. I'm passionate about this, really fired up."

The home will feature a modern design with a stone and Hardy Plank exterior and should take less than nine months to construct. The two-story, more than 3,000-square-foot interior will have four bedrooms, four bathrooms, a family room and an unfinished basement. Although the house will not have a dining room, the kitchen will contain a breakfast nook.

The home will feature an open floor plan, plus indoor and outdoor fireplaces and, eventually, a covered patio. "We love entertaining outdoors, as often as possible," said Pamela Speer.

At last week's groundbreaking ceremony, the Rev. Lyn Youll Marshall of Pohick Episcopal Church said a blessing. "This is part of the Speers' giving back to the community, and stewardship, taking care of what they've been given," she said. "They're [saving it] for future generations."

Marshall asked for God's blessings and safety "on all who work on this site, on Wes and Pamela's family and friends, and on the building, itself." She then sprinkled holy water on the land.

Wes Speer thanked Vulcan Materials Co. for donating 500 tons of aggregate stone to the project and said how little energy it would take to operate his new house. "It's as close to a carbon-neutral house as you can get," he said. "And it'll be for everyone's benefit."

Afterward, West discussed some of the home's finer points. "To me, the greatest engineering feat on this project is geothermal," he said. "Our goal is to get close to

zero energy. In a typical home, heating and cooling the space and the water uses 50-75 percent of the home's total energy usage. But we're doing it under the ground with pipes so it may only cost one-third or one-half to power that remaining 25 percent."

**AT NIGHT**, LED (light-emitting diode) and CFL (compact fluorescent) lights will further shrink that percentage, during the day, lots of skylights and windows plus energy-star-rated appliances — such as the refrigerator and freezer — will do their part.

"We're not asking people to camp," said West. "We want people to live their lives; we just want it to cost less for them to do. And the Speers will get a tax deduction for their energy-saving measures and the solar and geothermal [elements]. We're going to hold up their energy bill at the end of this [project] and show everyone."

Actually, West is just as excited about the house as the Speers, especially after recently building a 15,000-square-foot mansion. "The family had four kids and had to install an intercom system to call them to dinner," he said. "I thought, 'There's got to be something better.' I like to build right-sized homes for normal families."

He's studied green building for seven years and said the Speers' home will be "a synthesis of the things I've been practicing, the last five years. It's high-performance building. For example, there'll be cork flooring, which is the most-sustainable surface and is great to walk on. We'll also create an insulation envelope around the house that's an air seal [for optimum energy efficiency], and we've trained our folks to do this."

Pointing to the Caterpillar backhoe parked on the site, a joyful Pamela Speer said, "It's starting to feel real."

"It'll feel really real, tomorrow about 8 a.m., when that thing fires up," West said.

## Home as Classroom

FROM PAGE 3

pollution would be generated by gas, fossil energy versus the green energy in this house," he said. Excited about how much this home can teach them all, Jo said neither he nor his students have ever seen the actual design and construction of an entire, green-energy house.

"They'll use a lot of math and will have to do a PowerPoint presentation and both oral and written reports," he said. "And they'll use foam board to build a scale model of the house. We'll make a computer program and use Microcontroller to remotely move the parts of the house, for example, open doors and windows and turn lights off and on. So it's a really neat and fun

project."

As for homeowner Wes Speer, he's happy to oblige.

"I know this is the type of home that leaders at every level are hopeful will be built so we can start to transform our energy demands in the future, getting away from fossil fuels," he said. "We're promoting this house so that, perhaps, other like-minded people can learn from it and start to plan to incorporate some of its efficiency features in their own homes."

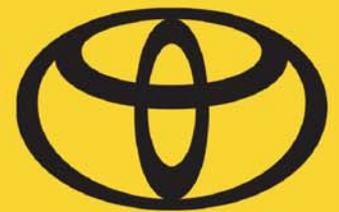
For more information about the home, plus detailed descriptions of how a geothermal cooling and heating system works, see [www.speerhouse.org](http://www.speerhouse.org).

— BONNIE HOBBS

<p><b>GUTTER</b></p> <p><b>PINNACLE SERVICES</b> • GUTTER CLEANING • SMALL REPAIRS • SCREENING • POWER WASHING 703-802-0483 GROUP RATES AVAILABLE FREE EST.</p>	<p><b>HAULING</b></p> <p><b>ANGEL'S TRASH HAULING</b> Construction Debris, Residential, Office &amp; Tree Removal 703-863-1086 New#- 571-312-7227</p>	<p><b>LANDSCAPING</b></p> <p><b>A&amp;S LANDSCAPING</b> Spring Clean-up • Planting Mulching • Sodding • Patios Decks • Retaining Walls Drainage Solutions 703-863-7465</p>	<p><b>MASONRY</b></p> <p><b>JDF Masonry CO, LLC</b> 703-283-9479</p> <p>◆ Bricks ◆ Blocks, ◆ Flagstone ◆ Concrete ◆ Retaining Walls Free Est. Lic &amp; Ins. Affordable Prices</p>
<p><b>HAULING</b></p> <p><b>AL'S HAULING</b> Junk &amp; Rubbish Concrete, furn., office, yard, construction debris Low Rates NOVA 703-360-4364 703-304-4798 cell 7 DAYS A WEEK</p>	<p><b>LANDSCAPING</b></p> <p><b>ANGEL'S LAWN MOWING</b> • Trimming • Edging • Mulching • Yard Cleaning • Hauling • Tree Work 703-863-1086 New# 571-312-7227</p>	<p><b>IMPROVEMENTS</b></p> <p><b>The HANDYMAN</b> A DIVISION OF NURSE CONSTRUCTION HOME INSPECTION LIST REPAIRS, CERAMIC TILE, PAINTING, DRYWALL, CARPENTRY, CUSTOM WOOD REPAIR, LT. PLUMBING &amp; ELECTRICAL, POWER WASHING Since 1964 We Accept VISA/MC 703-441-8811</p>	<p><b>PAINTING</b></p> <p><b>Professional WALLCOVERING</b></p> <p>Painting: Interior &amp; exterior Faux finishes Wallpapering: installation &amp; removal Drywall &amp; Repair FREE ESTIMATES 703-728-1717</p>
<p><b>IMPROVEMENTS</b></p> <p>◆ BASEMENTS ◆ BATHS ◆ KITCHENS ◆ Exterior Wood Rot More! Deck &amp; Fence repair, No jobs too large or small Free est. 37 yrs exp. Licensed, Insured 703-987-5096</p>		<p><b>TREE SERVICE</b></p> <p><b>ANGEL'S TREE &amp; HEAVY TRASH HAULING</b> • Mulch • Clean-up Grounds • Lot Land Clearing 703-863-1086 New#- 571-312-7227</p>	<p><b>PATRIOT PAINTING</b> <a href="http://www.PatriotPainting.net">www.PatriotPainting.net</a> Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext. 703-502-7840 Cell 571-283-4883</p>
<p><b>STRONG PACE CONSTRUCTION</b> 15 Yrs Class A VA Lic.</p> <p>• Additions • Kitchens • Basements • Comm Offices • Decks • Painting • Drywall • Windows &amp; Wood Repairs 703-644-5206 • 703-750-0749</p>		<p><b>LAWN SERVICE</b></p> <p><b>Green Lawn Companies</b> 20-40% off all services • Mowing • Trimming • Mulching • Seeding • Sodding • Planting &amp; Designs • Power Washing 703-400-8664</p>	<p><b>ROOFING</b></p> <p>Roofing &amp; Siding (All Types) Soffit &amp; Fascia Wrapping New Gutters Chimney Crowns Leaks Repaired No job too small 703-975-2375</p>
<p><b>M. C. Lynch Home Improvement</b> Family Owned &amp; Operated Rotten Wood, Wind Damage, Trims, Windows, Doors, Deck, Stairs, Vanity, Basement Framing, Garbage Disposal, Painting, Power Wash, Siding Repairs. Licensed, Bonded, Insured 703-266-1233</p>		<p><b>LAWN SERVICE</b></p>	
<p><b>Brian M. Sperty Remodeling</b> Kitchens and Baths 30% less than Home Store Prices Class A and Insured 703-791-2003 Bsperty2@comcast.net</p>		<p><b>J.E.S Services</b> LANDSCAPE &amp; CONSTRUCTION</p> <p>• Patios • Walkways • Retaining Walls • Drainage Problems • Landscape Makeovers Call: 703-912-6886 Free Estimates</p>	
<p><b>R.N. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen &amp; Bath, Windows, Siding, Roofing, Additions &amp; Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates Phone: 703-887-3827 Fax: 703-803-3849 E-mail: rncontractorsinc@gmail</p>		<p><b>ROOFING</b></p>	<p><b>ROOFING</b></p> <p><b>DBS Roofing, LLC</b> Whether It's Repair or Replace...Relax, We've Got You Covered. Residential &amp; Commercial Roofing Expert Full Service Roofing Company Repair • Refurbish • Replace All Major Roof Types 703-455-Roof (7663) Call today for your Free Estimate Lic. &amp; Ins.</p>
<p><b>A&amp;S Landscaping</b></p> <p>• Basement Finishing • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion &amp; Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving Alexandria, Springfield, Fairfax &amp; N. Virginia</p>		<p><b>PAINTING</b></p>	<p><b>PAINTING</b></p> <p><b>S&amp;A PAINTING &amp; HOME IMPROVEMENT</b> Interior/Exterior • Custom Paint Power Washing • Deck Sealing Free Estimates Lowest Prices VA Licensed - Insured 703-495-0594, 929-9495 SA.Painting@gmail.com Mention this ad receive 10% off</p>

# JACK TAYLOR'S ALEXANDRIA TOYOTA

**FANTASTIC DEALS!**



**CELEBRATING OVER 35 YEARS OF BUSINESS!**

**WWW.ALEXANDRIATOYOTA.COM**

## GREAT DEALS ON ALL HYBRIDS!

**ALL NEW 3RD GENERATION PRIUS HAS ARRIVED**



**NEW '10 PRIUS**



**NEW '09 HIGHLANDER**



**NEW '10 CAMRY**



**GREAT FINANCING OPTIONS!**

**GET YOUR 2010 PRIUS WHILE THEY LAST**

**NEW '10 CAMRY**



**NEW '09 SIENNA**



**NEW '09 RAV4**



**NEW '10 COROLLA**



**(703) 684-0700 WWW.ALEXANDRIATOYOTA.COM OPEN SUNDAY 12-5**  
 3750 Jefferson Davis HWY Alexandria, VA South of Reagan National on Rt. 1

PRICES PLUS TAX, TAGS, FREIGHT: \$720 ON CARS AND \$745 ON LT. TRUCKS, & \$379 PROCESSING FEE. INCLUDES ALL INCENTIVES. SPECIAL APR ON APPROVED CREDIT. \*CUSTOMER CASH PROVIDED BY CAT. \*\*EPA HIGHWAY FUEL ESTIMATE. \*\*\*CAMRY LEASE: \$2,399 DUE AT SIGNING, COROLLA LEASE: \$1,999 DUE AT SIGNING. NO SECURITY DEPOSIT. TAX, TAGS, FREIGHT, PROCESSING FEE OF \$379 & ACQUISITION FEE OF \$650 ARE EXTRA. OFFER ENDS 8/31/09.

**CHECK OUT OUR PRE-OWNED VEHICLES!**

2006 TOYOTA COROLLA 5 SPEED	\$8,995
2004 SCION XB AUTO 67K	\$8,995
2000 HONDA CRV AUTO	\$8,995
2006 CHEVY AVEO 5 SPEED LOW MILES	\$8,995
2006 FORD TAURUS SEL LEATHER AUTO	\$9,995
2002 MAZDA TRIBUTE 5 SPEED	\$8,995
1999 HONDA CRV AUTO NICE	\$7,995

2005 VW JETTA 36K AUTO	\$12,995
2006 TOYOTA COROLLA AUTO	\$12,995
2001 HONDA CRV LOW MILES	\$9,995
2001 TOYOTA RAV4 AUTO 60K	\$9,995
2004 SUBARU FORESTER 40K AUTO	\$11,995
2001 TOYOTA HIGHLANDER AUTO	\$11,995





# LONG & FOSTER® # 1 in Virginia

## 703-495-6200



**JIM WHITFIELD and CYNDEE JULIAN**

**703-503-1830**

TopAgent@Realtor.com

*Success Built on Trust through Excellent Service!*



**BETTY & BOB BARTHLE**

**703-425-4466**

OVER 30 YEARS EXPERIENCE

e-mail: betty@bettybarthle.com

website: www.bettybarthle.com

**Ron & Susan Associates**

Ron Kowalski & Susan Borrelli

*Make the Right Move*

**1-888-495-6207**

ronandsusanonline.com



### Your Market Snapshot

Access the Multiple Listing Service (MLS), the largest database of housing activity, and get a *Market Snapshot* based on your home facts! Your personalized report charts current market activity of homes in your area including sold, active, days-on-the-market, and inventory counts.

Go to [www.TopAgentsAtLongandFoster.com](http://www.TopAgentsAtLongandFoster.com) for your FREE report!



**Vienna \$625,000**  
4 levels - 4/5 bedrooms - hardwood floors - new carpet - newly finished rec room - family room & den - large rear yard - minutes to Tysons Corner.



**Lorton/Mason Neck \$784,900**  
**Instantly Appealing!**  
Beautiful 4 BR, 4BA home on 1.25 acre lot just one block off the Potomac River. Full access to the community beach, boat ramp/pier, tennis courts, tot lots and Pavilion.  
For 24-hour recorded information call 1-888-495-6207 x212.



CRS, Associate Broker  
Life Member, NVAR Multi-Million  
Dollar Sales Club  
Life Member, NVAR TOP PRODUCERS  
**Ann Witherspoon**  
**703-503-1836**

**Sheila Adams**  
**703-503-1895**

Life Member, NVAR Multi-Million  
Dollar Sales Club  
Life Member,  
NVAR TOP PRODUCERS



**PAM BOE, CRS**  
**703-503-1888**

NVAR Top Producer  
NVAR Multi-Million Dollar Club  
Life Member L&F Chairman's Club

**CINDY KOJM**

**703-503-1819**

[www.cindykojm.com](http://www.cindykojm.com)



**Fairfax Station \$739,000**

**CROSSPOINTE**

This attractive brick front colonial features 4 BRs, 3 1/2 Baths, gorgeous hardwood floors through-out. Granite counters grace the large updated kitchen, adjacent family room opens to wonderful deck perfect for entertaining. The Lower level is unbelievable with Media Room, Recreation Room w/Wet Bar & Study area. Great Location, minutes to Parkway, Metro & I-95.  
For a private showing call Ann Witherspoon 703.503.1836.



**Fairfax Station \$824,900**

**CROSSPOINTE**

Fabulous Colonial nestled on a richly wooded lot on a small cul-de-sac. This beauty features 5 Bedrooms, 4 Full Baths, huge Kitchen w/breakfast area, lovely Hardwood floors, an open and flowing sunny floor plan with two gorgeous Sun Rooms, the lower level offers a huge Rec Rm, Game room, Bedroom & Bath, Super Location, minutes to Ft. Belvoir, Metro, Parkway & I-95. Call Sheila Adams for a private showing 703.503.1895

### Coming Soon!

#### Springfield!

Totally renovated 3-L Townhouse w/walk-out basement! Bks to open common area. Neighborhood pool/tennis!

#### Daventry!

Lovely 3-L townhome w/neutral décor, 3 bedrms vaulted ceilings. Commuter's dream location! Neighborhood pool/tennis!



**West Springfield \$824,000**

**4BR/3.5BA**

Shows Like a Model \* High End Appointments Used Thru-Out \* Fabulous Floor Plan with over 5,000 sq. ft. \* Eat-In Gourmet Kit w/ Granite Counters \* Totally Remodeled Master Spa Bath w/ Dual Head Shower and Jacuzzi Tub \* Fin Lwr Lvl w/Rec Rm, Bedroom/Den, Full BA \* Storage Galore\* Sundeck \* Visit [www.cindykojm.com](http://www.cindykojm.com) for photos.

### Save A Date To Attend Long & Foster's FREE Real Estate Career Seminar

**DATES IN 2009:** September 9, October 7, November 4, December 2  
**TIME:** 7:00-9:00 PM  
**LOCATION:** Long & Foster's Northern Virginia Training Center 3069 Nutley St. Fairfax, VA 22031  
From the Beltway (495), take Rte. 66 West to the Nutley St. South Exit (exit 62) towards Fairfax. Go through the intersection of Lee Highway and Nutley Street. The training center is located in the Pan Am Shopping Center on the left.  
**TO REGISTER:**  
Please contact Mary Ann Plonka at 703-503-1898 or [maryann.plonka@longandfoster.com](mailto:maryann.plonka@longandfoster.com)

**Christine Zinser**

REALTOR®

**703-503-1861**

[zinscr@longandfoster.com](mailto:zinscr@longandfoster.com)



If location matters, **LIVE HERE!** Located in Farrcroft, this Courtyard home is near the community park and pool. Paths to City of Fairfax for events, shopping, dining. Three bedroom, four full baths, 2-car garage. This home features open gourmet kitchen/family room - perfect for entertaining!  
**\$775,000**



**Mary Hovland**

**703-946-1775**

**Cathy DeLoach**

**571-276-9421**

Your REALTORS®  
Next Door

**MARSHA WOLBER**

Lifetime Member NVAR Top Producers

Top 5% of Agents Nationally

[www.marshawolber.com](http://www.marshawolber.com)

Cell: 703-618-4397



**Fairfax \$439,000**  
Light-filled home. Cathedral ceilings plus open floor plan equal VERY inviting. This 4 BR, 3 FB home has a lower level walk out suite awaiting your au pair? teenagers? party guests? Just up the street from Lake Royal w/tennis courts & 2 mile walking trail around the lake. Great neighborhood & schools. Call us for a preview before it hits the market.



**Clifton \$799,000**  
**VACATION AT HOME!**  
Resort style living with in ground pool & multi level decks for entertaining! Very private 1.4 acres in neighborhood setting, four bedrooms, granite island kitchen, 3 car garage! Front & back foyer! Just reduced \$50K. Great curb appeal, great buy!!! See [www.marshawolber.com](http://www.marshawolber.com) for photos!



**NGOC DO & ASSOCIATES**

**703-798-2899**

[www.ngocdo.com](http://www.ngocdo.com)



**Fairfax Station \$599,900**  
Completely updated contemporary 4 BR, 3 BA home on 3.5 acre wooded lot. Fantastic upgrades including gorgeous new kitchen & baths as well as hardwood floors, ceramic tile & upgraded carpet throughout. Enjoy the privacy on your deck, patio & completely fenced yard!



**Laurel Hill \$650,000**  
Gorgeous 4 BR, 3.5 BA Monterey model in sought-after Laurel Hill Community. Fantastic open floor plan with hardwood floors. Amazing master suite with sitting room, luxury bath & walk-in closet. Walk-up from lower level to meticulously maintained yard & patio.

### FREE SEMINARS—Sept 26 & 29 Finding & Financing Foreclosures

Learn about buying foreclosures and how FHA203K financing can help you make needed repairs with licensed contractors and roll the cost into your mortgage!



Call Barbara Nowak at 703-503-1802 to Reserve Your Seat or log onto [www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)

**ELLIE WESTER**

**703-503-1880**

L&F Founder's Club

Lifetime NVAR Top Producer

Life Member, NVAR Million Dollar Sales Club

[ellie.wester@longandfoster.com](mailto:ellie.wester@longandfoster.com)



**Fairfax \$795,000**  
**1+ Acre**  
Beautiful colonial in Popes Head View featuring 4 bedrooms, 4.5 baths. Finished basement with over 4500 finished sq. feet. Hardwood floors, granite Kitchen and so much more. Woodson, Frost, Oakview pyramid. Privacy at the end of a cul de sac makes this a "must see home."

**LISTING YOUR HOME? CALL LONG AND FOSTER'S #1 OFFICE!**  
Call Dale Gabardy at 703-425-8000 • E-mail: [gabardy@longandfoster.com](mailto:gabardy@longandfoster.com)